OLLI Investment Forum

Buy & Sell List Compendium

for weeks ending 04/21/23 through 04/19/24

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> > 04/24/2024

OШ Investment Forum website: https://olligmu.org/finforum/index.html

Disclaimer

- Buy & Sell segment is intended for educational purpose only regarding members' Buy, Sell, and Thinking-About trading activity from previous week.
- No recommendations or investment advice is given at the OLLI Investment Forum.
- Always perform your own "Due Diligence" on any information you hear or see.

Objectives

- O1: Learn from one another.
- O2: Respect that Forum members have their own investing preferences, approaches and risk tolerances.
- O3: Demonstrate use of online tools and resources for examining stocks and funds under discussion.
- O4: Encourage dialogue from all Forum members.

Etiquette

- E1: Be non-judgmental of what others are currently doing, have done, or thinking about doing. Remember O2.
- E2: Use Chat to ask questions on stocks and funds under discussion. Remember O2.
- E3: Keep Chat messages on-topic and in-context; avoid off-topic messages.

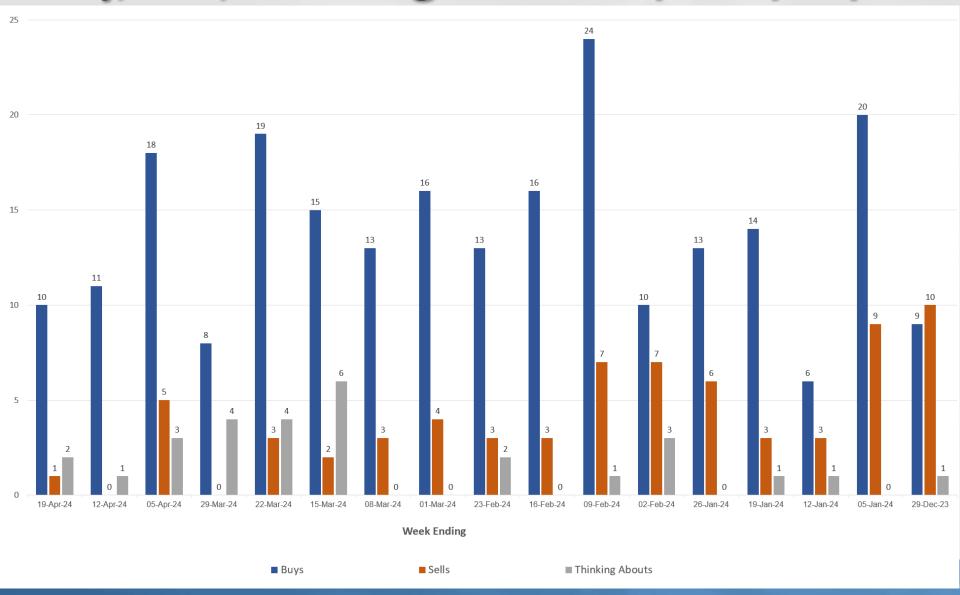
Research and Analysis Resources

- Brokerages: Schwab, Fidelity, Vanguard, Merrill
- Schwab's "StreetSmart Edge" trading platform (being replaced by "thinkorswim" beginning April 2024)
- Morningstar (free via county libraries)
- FinViz (finviz.com; free & subscription)
- Simply Safe Dividends (simplysafedividends.com; subscription)
- Seeking Alpha (seekingalpha.com; free & subscription)
- Yahoo Finance (finance.yahoo.com; free)
- ETF.com (free & subscription)
- BDC Investor (bdcinvestor.com; free)
- TipRanks (tipranks.com; free & subscription)
- Portfolios Lab (portfolioslab.com; free & subscription)
- CFRA, Argus (typically free via brokerage websites or tool links)

Screens and Terminology

- Forum uses various websites and tools to examine stocks and funds.
- Some terminology used may be new or unclear.
- Don't hesitate to ask for explanations.
- Goal is to understand how to examine stocks or funds using available tools and resources.
- Investopedia (<u>Investopedia.com</u>) is a helpful resource for terminology or concepts.

Buy, Sell, Thinking About: w/e 04/19/24



Buy, Sell, Thinking About: w/e 04/19/24

BUY		BUY	
	Enbridge Inc. (ENB) [+]		
	Ares Capital Corp. (ARCC) [+]		
	JPMorgan Chase & Co. (JPM) [+]		
	Blue Owl Capital Corporation (OBDC) [+]		
	Oaktree Specialty Lending Corp. (OCSL) [+]	SELL	
	Paychex Inc. (PAYX)		Exxon Mobil (XOM) [-]
	EPR Properties (EPR) [+]		
	Gaming & Leisure Properties Inc. (GLPI) [+]		
	Medical Properties Trust, Inc. (MPW) [+]		
	5.25% 6-mo NC CD (Fidelity)		
		THIN	IKING ABOUT
			KBR Inc. (KBR)
			Eastman Chemical Co. (EMN)

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trin

Buy, Sell, Thinking About: w/e 04/12/24

BUY		BUY	
	iShares Gold Trust (IAU)		
	iShares Bitcoin ETF (IBIT) [+]		
	AT&T, Inc. (T) [+]		
	McDonald's Corp. (MCD)		
	Mastercard Inc. (MA)	SELL	
	Blue Owl Capital Corporation (OBDC) [+]		
	Pfizer, Inc. (PFE) [+] [X2]		
	Thermo Fisher Scientific Inc. (TMO)		
	Microsoft Corp. (MSFT)		
	Roper Technologies Inc. (ROP)		
	EPR Properties (EPR) [+]	THINK	KING ABOUT
		F	Paychex Inc. (PAYX)

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trir

Market Cap

Price/FVE

ESG Risk Rating Assessment¹

Paychex Inc PAYX ★★★ 12 Apr 2024 21:16, UTC

Fair Value Estimate

Mid Blend 123.00 USD 1.03 44.28 USD Bil Wide High Exemplary **@@@@@** 120.00 USD 12 Apr 2024 3 Apr 2024 05:00, UTC 12 Apr 2024 23 Dec 2022 05:03, UTC Price vs. Fair Value Last Close: 123.00 Fair Value: 120.00 200 -23 Dec 2022 05:03, UTC Overvalued 150 -Undervalued 100 -50 0 2019 YTD 2020 2021 2022 2023 1.10 1.26 1.24 0.96 0.99 1.03 Price/Fair Value 34.27 12.46 49.28 -13.126.07 Total Return % Morningstar Rating

Economic Moat™

Equity Style Box

Uncertainty

Capital Allocation

Total Return % as of 12 Apr 2024. Last Close as of 12 Apr 2024. Fair Value as of 23 Dec 2022 05:03, UTC.

Contents

Last Price

Analyst Note (2 Apr 2024)

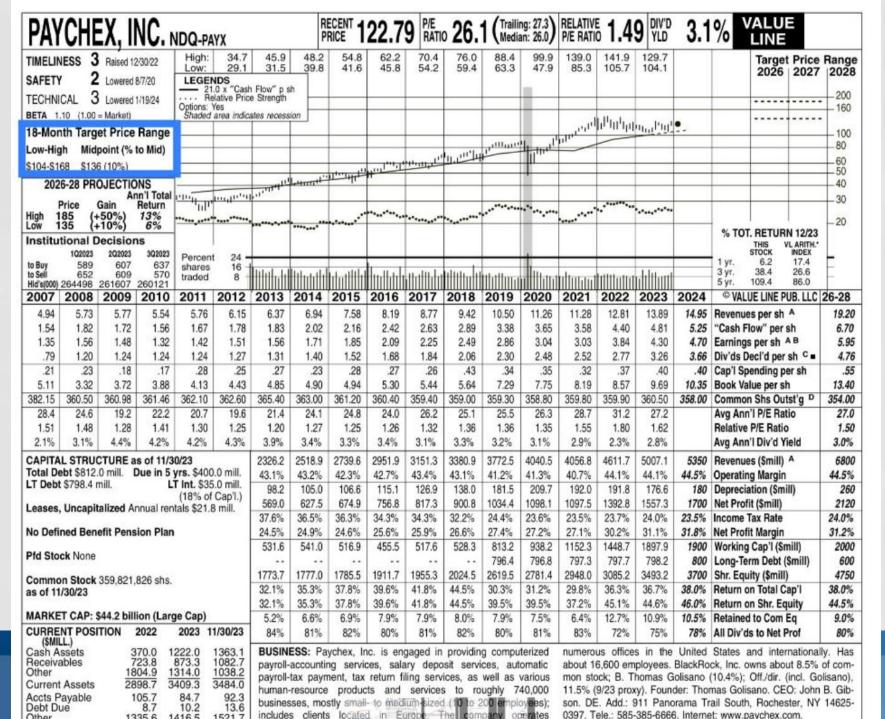
Business Description

Business Strategy & Outlook (30 Jun 2023)

Bulls Say / Bears Say (2 Apr 2024)

Paychex Earnings: Operating Efficiency Shines Through Amid Moderating Employment and Wage Growth

Analyst Note Emma Villiams, Equity Apalyst, 2 Apr 2024



Other

1335 6

14165

521 7

Jul Nov Apr Sep Feb Z017 2018 2019 2020 2021 2022 2023 2024

PAYX > PAYX ANALYST RESEARCH

PAYX Analyst Research

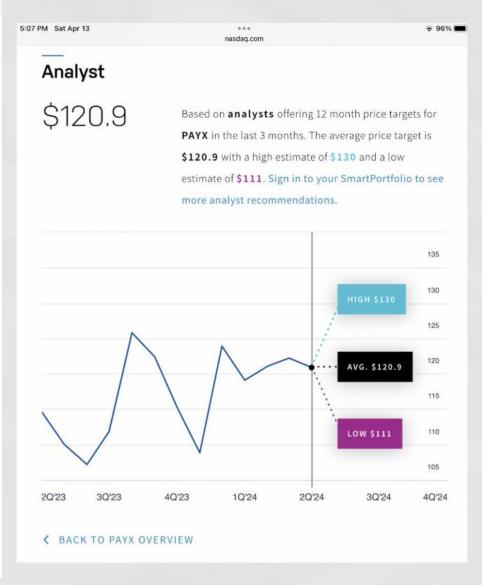
PAYX Analyst Ratings



Based on 20 analysts offering recommendations for 'PAYX'.

Analyst Firms Making Recommendations

- . B OF A GLBL RES
- . BAIRD R W
- BARCLAYS CAPITA
- CITIGROUP
- CO FORECST
- DEUTSCHE BK SEC
- EDWARD JONES
- EVERCORE ISI
- · JEFFERIES & CO.
- JP MORGAN SECUR
- MORGAN STANLEY
- NORTHCOAST RESE
- RBC CAPITAL
- STIFEL NICOLAUS
- TD COWEN
- UBS
- WEDBUSH SECURIT
- WILLIAM BLAIR
- WOLFE RESEARCH
- ZACKS RESEARCH



BITCOIN ETFs

- In January, 2024, the SEC authorized several ETFs for bitcoin. These ETFs have so far accumulated over \$60B in investors' funds. I consider my investment an interesting, long term hold, however, I monitor this one closely.
- There are many reasons NOT to acquire crypto in any form. The new ETFs have made it much easier to invest in bitcoin, thus greatly increasing demand. Admittedly, following the herd at this point as I profess only rudimentary knowledge of this new, emerging market.
- Bitcoin and all other cryptocurrencies (CC) have no real, physical existence, other than some complex computer code.
- The inventor of bitcoin is unknown.
- CC are frequently used by criminals and rogue nations to facilitate untraceable transactions.
- The blockchain technology underpinning CC is deemed to be safe and secure by knowledgeable experts but is relatively new and unproven.
- Major institutions such as Al Smuzynski, Goldman, JPMorgan and Vanguard have advised investors to stay away from CC.
- Fidelity and Blackrock are all in on CC, offering their ETFs.
- CC has become a fascinating novelty on Wall St. Naysayers are falling away.
- Wall St analysts are unable to establish the value of CC because it has no cash flow nor a balance sheet. So this might be equivalent to buying Dutch tulips.
- CC are inelastic or insensitive to supply. Thus, they are deemed to be inflation-resistant, much as gold is.

BITCOIN ETFs (cont.)

- The supplies of CC are strictly confined to a set number of tokens, 21M in the case of bitcoin, with only 900 new coins per day. There are less than two million bitcoin tokens left undiscovered.
- The collapse of FTX and two other exchanges drew much negative attention to CC, but the security of the currencies themselves was never threatened. FTX collapsed because its leadership stole investors' funds.
- Acquiring FBTC fits my risk profile. I will take some calculated risks if the downside is acceptable, but the upside might be huge. My FBTC investment is less than 2% of my portfolio.
- Bitcoin reimbursements to miners will be cut in half within days. This occurs approximately every four years, and makes it much less profitable for miners, while increasing demand.
- Bitcoin is legal tender in El Salvador. In Japan, bitcoin is considered legal property.
- CC exchanges are loosely regulated in the US. The issue of SEC regulation is not defined, and fluid, other than the ETFs. The Commodities Futures Trading Commission regulates bitcoin as a commodity.
- CEO Michael Saylor of MicroStrategy has bet his entire company on bitcoin. Most analysts think he's crazy, but so far his stock has risen from \$300 to \$1400 in less than a year.
- According to one 2022 analysis published in The Journal of Alternative Investments, bitcoin was less volatile than oil, silver, US Treasuries, and 190 stocks in the S&P 500 during and after the 2020 stock market crash.
- I do not invoke <u>stop-loss mechanisms</u> but rely on MACD and other technical indicators to tell me if the investment is in trouble.

Buy, Sell, Thinking About: w/e 04/05/24

•					
BUY		BUY	BUY		
	Fidelity Wise Origin Bitcoin Fund (FBTC)		Nucor Corp. (NUE) [+]		
	Global X Uranium ETF (URA)		Agree Realty Corp. (ADC) [+]		
	Vanguard Small Cap Value ETF (VBR) [+]		EPR Properties (EPR)		
FA	Vanguard ST Infl Prt Sec Indx Fd ETF (VTIP) [+]		Albermarle Corp Bond, 3yr maturity, 5.1655% YTM		
	AT&T, Inc. (T) [+]	SELL			
	Verizon Communications Inc. (VZ) [+]		iShares 10-20 Year Treasury Bond ETF (TLH) [C]		
	The Hershey Company (HSY) [+]		Suncor Energy, Inc. (SU) [C]		
FA	Canadian Natural Resources Ltd. (CNQ)	FA	Advanced Micro Devices, Inc. (AMD) [-]		
	Oaktree Specialty Lending Corp. (OCSL) [+]	FA	Tokyo Electron ADR (TOELY) [-]		
	Pfizer, Inc. (PFE) [+] [X2]		WisdomTree WTI Crude Oil 3x Daily Levrgd ETC (3OIL) [C]		
FA	UnitedHealth Group, Inc. (UNH) [+]	THI	NKING ABOUT		
	GE Vernova Inc. (GEV)		Crinetics Pharmaceuticals Inc. (CRNX)		
FA	Raytheon Technologies Corp (RTX) [+]		Thermo Fisher Scientific Inc. (TMO)		
	Accenture plc (ACN)		Roper Technologies Inc. (ROP)		

[+] Add

[X2] Two Buys

[-] Trim

FA: Financial Advisor Trade

16

Buy, Sell, Thinking About: w/e 03/29/24

•			Journ 11/6 00/ 25/ 24			
BUY		BU	BUY			
	Parnassus Core Equity Fund – Inv (PRBLX) [+]					
	iShares Semiconductor ETF (SOXX)					
	Verizon Communications Inc. (VZ) [+]					
	Arbor Realty Trust, Inc. (ABR) [+]					
	Hercules Capital, Inc. (HTGC) [+]	SEL	L			
	Agree Realty Corp. (ADC) [+]					
	Gaming and Leisure Properties Inc. (GLPI) [+]					
	Realty Income (O) [+]					
		THI	NKING ABOUT			
			WisdomTree WTI Crude Oil 2x Daily Leveraged ETC (LOIL)			
			Eli Lilly and Co. (LLY)			
			Pfizer, Inc. (PFE)			
			Microsoft Corp. (MSFT)			

[X2] Two Buys

[-] Trim

[C] Close

[+] Add

FA: Financial Advisor Trade

Member Input: PFE

- Last week's comment about one of Value Line's portfolio's dropping Pfizer, while other sections of Value Line were recommending the shares, raised my curiosity.
- Were PFE shares in a capitulation, falling knife, recovery or static mode?
- Was PFE a safe dividend bet allowing the shareholder exposure to a promising portfolio of developing drugs.
- PFE warnings and share price have declined sharply as revenues from its COVID vaccines have run off.
- The company also suffered a reversal in its efforts to develop its own weight loss drug.
- PFE has channeled the profits from Covid vaccines into acquisitions that hopefully will lead to new highly profitable products.
- Most notable was the \$40 billion acquisition of Seagen.
- PFE has even added some \$20 billion in debt to fund its promising acquisitions.

FORECASTED EARNINGS (EPS):

Marketwatch: \$ 2.21 ('24) \$2.72('25) \$2.87('26)

CFRA: \$2.22 \$2.73

Argus: \$2.15 \$2.70

ValueLine: \$2.20 \$2.70 \$3.75('27-'29)

Member Input: PFE (cont.)

ANALYSTS OPINIONS:

- ValueLine: Neutral for the year ahead. Above average potential over 3-5 years.
- Morningstar: 5 star. Fair value of \$41. Wide moat. PFE has breath of new potential drugs.
- CFRA: 3 star. Hold. Price target \$28.
- Morgan Stanley: Hold. Price target \$26.
- Augus: Hold. Price target \$26 short-term. Buy long term.
- Tip Ranks: 16 analysts with rankings of 4 or 5 stars are: 10 holds; 5 buys. PTs were \$27-36.



- I think PFE is oversold and in a capitulation mode.
- At the present price and P/E, and 6.1% dividend, the risk is to the upside.
- It's a dividend play with a hoped-for capital gains add on.
- My hope is that PFE will develop enough new profitable drugs to replace the current drugs reaching patent run-off, and then some. Certainly enough revenue generation to fund its slowly growing dividend.

Buy, Sell, Thinking About: w/e 03/22/24

•				
BU	1	BUY		
	Fidelity Select Pharmaceuticals Port (FPHAX)	В	Sonds: Ally Financial Bond – 3.95% Due 05/15/2027, @94.20; YTM 6.1%	
	Meta Platforms, Inc. (META) [+]	c	BankUnited Bond – 5.125% Due 06/11/2030, @94.10; YTM 6.6% CDs:	
FA	Philip Morris International Inc. (PM)		4.70% 3-year NC CD (Schwab) 5.40% CD 9-month, Zions BanCorp (Schwab)	
	Oaktree Specialty Lending Corp. (OCSL) [+]		5.35% CD 6-month, Zions BanCorp (Schwab) 5.40% CD 3-month, Zions BanCorp (Schwab)	
	The Boeing Company (BA)	SEL	L	
	General Electric Company (GE) [+]		Fidelity Select Consumer Staples Port (FDFAX) [C]	
	Uber Technologies Inc. (UBER)	FA	Coca-Cola Company (KO) [C]	
	Samsara Inc. (IOT)		Discover Financial Bond – 4.1% Due 02/09/2027, @94.40; purchased 10/23 @ 90.60	
	Nvidia Corp. (NVDA) [+]	THI	NKING ABOUT	
	Synopsys, Inc. (SNPS)		Goldman Sachs GQG Ptnrs Intl Opps R6 (GSIYX)	
	Agree Realty Corp. (ADC) [+]		iShares Semiconductor ETF (SOXX)	
	Getty Realty Corp. (GTY) [+]		Tesla, Inc. (TSLA)	
	VICI Properties, Inc. (VICI) [+]		Taiwan Semiconductor Mfg ADR (TSM)	

Add

[X2] Two Buys

FA: Financial Advisor Trade

Buy, Sell, Thinking About: w/e 03/15/24

BU'	Υ	BUY		
	JPMorgan Equity Prem Inc ETF (JEPI)		5.20% 9-month CD (Morgan Stanley)	
	Schwab U.S. Dividend Equity ETF (SCHD) [+]			
	Schwab Value Adv Money Market (SWVXX) [+]	SEL	L	
	Vanguard Small Cap Value ETF (VBR) [X2]		Vanguard Div Apprec'n Index Fund (VDADX) [C]	
	Vanguard Dividend Appreciation ETF (VIG)		Synchrony Fin'l Bond – 3.95% due 12/01/2027	
	Vanguard Int'l Dividend Yield ETF (VYMI)	THI	NKING ABOUT	
	Astrazeneca plc ADR (AZN) [+]		Vanguard Small Cap ETF (VB)	
	Roche Holding AG (RHHBY)		Vanguard Mid-Cap ETF (VO)	
	Sanofi ADR (SNY) [+]		Vanguard Utilities ETF (VPU)	
	United Parcel Service (UPS) [+]		McDonald's Corp. (MCD)	
	Agree Realty Corp. (ADC) [+]		enCore Energy Corp. (EU)	
	Realty Income (O) [+]		Uranium Energy Corp. (UEC)	
	VICI Properties, Inc. (VICI) [+]		Selling Bonds bought in Sep/Oct 2023	

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

Member Input: SCHD

- Schwab US Dividend ETF (SCHD)
- 0.06% expense ratio
- Morningstar ***** Gold Rating; Market Edge rating 03/15: neutral from long
- TTM dividend yield of 3.42% with an upcoming dividend distribution
- Top 10 holdings 42% of ETF.

Symbol	Description	% of Net Assets	Value	Sub-Industry
AVGO	BROADCOM INC	+4.8%	\$2.5B	Semiconductors
ABBV	ABBVIE INC	+4.7%	\$2.5B	Biotechnology
MRK	MERCK & CO. INC.	+4.7%	\$2.5B	<u>Pharmaceuticals</u>
AMGN	AMGEN INC	+4.4%	\$2.3B	<u>Biotechnology</u>
<u>HD</u>	HOME DEPOT INC	+4.3%	\$2.2B	Home Improvement Retail
<u>VZ</u>	VERIZON COMMUNICATIONS INC	+4.1%	\$2.1B	Integrated Telecommunication Services
CVX	CHEVRON CORP	+3.9%	\$2.1B	Integrated Oil & Gas
<u>CSCO</u>	CISCO SYSTEMS INC	+3.9%	\$2.0B	Communications Equipment
<u>TXN</u>	TEXAS INSTRUMENTS INC	+3.9%	\$2.0B	<u>Semiconductors</u>
<u>KO</u>	COCA COLA CO/THE	+3.8%	\$2.0B	Soft Drinks & Non-alcoholic Beverages

Member Input: VBR

- Vanguard Small-cap Value ETF (VBR)
- 0.07% expense ratio
- Morningstar **** Gold Rating
- Goal: to obtain some additional diversified exposure to small-cap equities with expectation that as interest rates decline that scenario tends to favor small caps needing access to cheaper capital
- Dividend yield of 2.08%
- Top 10 holdings 5.8% of ETF

Symbol	Description	% of Net Assets	Sub-Industry	YTD %
BLDR	Builders FirstSource Inc	+0.80%	Building Products	+17.06%
<u>BAH</u>	Booz Allen Hamilton Holding Corp Class A	+0.64%	Research & Consulting Services	+13.49%
<u>RS</u>	Reliance Inc	+0.61%	Steel	+14.15%
<u>IEX</u>	IDEX Corp	+0.59%	Industrial Machinery & Supplies & Components	+11.16%
<u>JBL</u>	Jabil Inc	+0.58%	Electronic Manufacturing Services	+15.75%
CSL	Carlisle Companies Inc	+0.56%	<u>Building Products</u>	+16.32%
FCNCA	First Citizens BancShares Inc Class A	+0.53%	<u>Diversified Banks</u>	+7.90%
ATO	Atmos Energy Corp	+0.51%	Gas Utilities	-0.86%
<u>BG</u>	Bunge Global SA	+0.50%	Agricultural Products & Services	-6.68%
<u>RPM</u>	RPM International Inc	+0.49% ■	Specialty Chemicals	+3.74%

- "Technicals" observations
- VBR appears to be correcting within a longer-term bullish trend
- MACD is presently below the signal line
- Shares remain above an upwards-sloping 200-day moving average
- Comparative Relative Strength shows VBR lagging the S&P 500.

Member Input: VYMI

- Vanguard International High Dividend Large Value ETF (VYMI)
- 0.22% expense ratio
- Morningstar **** Silver Rating; Market Edge "Long" rating
- Goal: to obtain exposure to international equities that pay solid dividends
- Dividend yield of 4.55%
- Top 10 holdings 14.4% of ETF

Symbol	Description	% of Net Assets	Sub-Industry	YTD %
	Toyota Motor Corp	+2.41%		
	Novartis AG Registered Shares	+1.75%		
	Shell PLC	+1.71%		
	Roche Holding AG	+1.49%		
	HSBC Holdings PLC	+1.27%		
	Siemens AG	+1.23%		
	BHP Group Ltd	+1.21%		
	TotalEnergies SE	+1.17% ■		
	Royal Bank of Canada	+1.14%	<u>Diversified Banks</u>	+0.47%
	Commonwealth Bank of Australia	+1.07%		

- "Technicals" observations
- VYMI appears to be in a strong bullish trend
- MACD is presently below the signal line
- 200-day moving average upwards sloping
- Comparative Relative Strength shows VYMI is lagging the S&P 500.

Buy, Sell, Thinking About: w/e 03/08/24

BU	Υ	BUY		
	Parnassus Core Equity Fund – Inv (PRBLX) [+]		Bond: • Santander Bank − 3.24% Bond, Matures 10/05/26,	
	Vanguard Dividend Appreciation ETF (VIG)		YTM 5.9%	
	Vanguard Communication Services ETF (VOX)		CD, T-Bill: • 5 15% 1-year CD (NC) (Fidelity)	
	Vanguard Total World Stock ETF (VT)		5.15% 1-year CD (NC) (Fidelity)7-year T-Bill 5.29% YTM (Brokerage)	
	Pfizer, Inc. (PFE) [+]	SELI		
	General Electric Company (GE) [+]		Schwab Value Adv Money Market (SWVXX) [-]	
	United Parcel Service (UPS)		Vanguard Div Growth Fd Inv Shares (VDIGX) [C]	
	Corning, Inc. (GLW) [+]		Vanguard Global Eqty Fd Inv Shares (VHGEX) [C]	
	Agree Realty Corp. (ADC) [+]			
	VICI Properties, Inc. (VICI) [+]			
		THI	NKING ABOUT	

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

Buy, Sell, Thinking About: w/e 03/01/24

BUY		BUY		
	JPMorgan Equity Prem Inc ETF (JEPI) [+]		Bond: • CCI bond, 3-year maturity (09/01/2027), YTM 5.3675%,	
	JPMorgan Nasdaq Eqty Prem ETF (JEPQ) [+]		callable 06/01/2027, S&P rating: BBB CD Buy:	
	SPDR S&P 500 ETF Trust (SPY) [+]		• 5.20% 1-year NC (Vanguard)	
	Vanguard S&P 500 ETF (VOO) [+]		5.15% 1-year NC (Fidelity)4.65% 3-year NC (Schwab)	
	Columbia Banking System, Inc. (COLB) [+]	SEL	L	
	GE HealthCare Technologies, Inc. (GEHC) [+]		Kenvue Inc. (KVUE) [C]	
	Roche Holding AG (RHHBY) [+] [X2]		Apple, Inc. (AAPL) [-]	
	Sanofi ADR (SNY) [+]		Chevron Corp. (CVX) [C]	
	General Electric Company (GE) [+]		CD Sell (called):	
	Palo Alto Networks, Inc. (PANW) [+]		• 5.55% maturity date 09/30/2024 - called	
	Taiwan Semiconductor Mfg ADR (TSM) [+]	THI	NKING ABOUT	
	Amazon.com, Inc. (AMZN) [+]			

Buy, Sell, Thinking About: w/e 02/23/24

BU	Υ	BU	1	
	iShares Semiconductor ETF (SOXX)			
	Meta Platforms, Inc. (META)			
	AT&T, Inc. (T) [+]			
	Verizon Communications Inc. (VZ) [+]			
	Ares Capital Corp. (ARCC) [+]	SEL	L	
	Blackstone Secured Lending Fund (BXSL) [+]		Schwab Short-Term U.S. Treas ETF (SCHO) [C]	
	Roche Holding AG (RHHBY)		Hologic, Inc. (HOLX) Sell two 12/20/24 \$80 Calls	
	Corning, Inc. (GLW) [+]		Intel Corp. (INTC) [C]	
	Nvidia Corp. (NVDA)			
	Agree Realty Corp. (ADC) [+]			
	Gaming and Leisure Properties Inc. (GLPI) [+]	THI	NKING ABOUT	
	Realty Income (O) [+]		Spok Holdings Inc. (SPOK) [+]	
	4.97% 1-year T-Bill (UBS)		Arbor Realty Trust, Inc. (ABR) [C]	

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

Buy, Sell, Thinking About: w/e 02/16/24

BUY		BUY	
	Global X Cybersecurity ETF (BUG)		Corporate Bonds:
	IAC Inc. (IAC) [+]		Goldman Sachs 4.75% 3-year NC (Fidelity)
	Arbor Realty Trust, Inc. (ABR) [+]		John Deere 4.64% 3-year NC (Fidelity)
	Banc of California Inc. (BANC) [+]		Vanguard S&P 500 ETF (VOO)
	Blackstone Inc. (BX) [+]	SELL	
	Diamond Hill Investment Group, Inc. (DHIL) [+]		Schwab Value Adv Money Market (SWVXX) [-]
	Oaktree Specialty Lending Corp. (OCSL) [+]		Abercrombie & Fitch Co. (ANF) [-]
	Novo Nordisk (NVO) [+]		AKRE Focus Fund Retail Class (AKREX) [C]
	Archer Aviation Inc. (ACHR)		
	Joby Aviation Inc. (JOBY)		
	Beamr Imaging Ltd. (BMR)	THI	NKING ABOUT
	Gaming and Leisure Properties Inc. (GLPI) [+]		
	Innovative Industrial Properties Inc. (IIPR) [+]		

Buy, Sell, Thinking About: w/e 02/09/24

BUY		BUY		
	FAM Dividend Focus Fund Inv Class (FAMEX)		Bristol-Myers Squibb (BMY) [+]	
	iShares Bitcoin ETF (IBIT)		Eli Lilly and Co. (LLY) [+]	
	Invesco S&P 500 Eql Wght Tech ETF (RSPT)		Novo Nordisk (NVO) [+]	
	Technology Select Sector SPDR ETF (XLK)		Pfizer, Inc. (PFE)	
	Walt Disney Co. (DIS) [+]		Roche Holding AG (RHHBY)	
	Tencent Holdings ADR (TCEHY)		Nvidia Corp. (NVDA) [+]	
	Verizon Communications Inc. (VZ) [+]		Agree Realty Corp. (ADC) [+]	
	Marriott Vacations Worldwide Corp. (VAC)		American Electric Power Co. (AEP) [+]	
	Walmart Inc. (WMT)		5.10% CD 14-mo NC (Capital One)	
	Devon Energy Corp. (DVN) [+]		5.20% CD 01/15/25; callable > 08/15/24 (Fidelity)	
	Enbridge Inc. (ENB)		5.25% CD 3-mo NC (Merrill)	
FA	Morgan Stanley (MS)			
	Oaktree Specialty Lending Corp. (OCSL) [+]			

Buy, Sell, Thinking About: w/e 02/09/24

SELL		THINKING ABOUT	
	Parnassus Mid Cap Fund (PARMX) [C]		McDonald's Corp. (MCD)
	Walgreens Boots Alliance Inc. (WBA) [C]		
	Mastercard Inc. (MA) [C]		
	Wells Fargo & Co. (WFC) [-]		
	Eli Lilly and Co. (LLY) [C]		
	UnitedHealth Group, Inc. (UNH) [C]		
	TREX Co., Inc. (TREX) [-]		

Buy, Sell, Thinking About: w/e 02/02/24

BUY		SELL	
	Vanguard S&P 500 ETF (VOO)		Akre Focus Fund Retail Class (AKREX) [C]
	Meta Platforms, Inc. (META) [+]		Charter Communications, Inc. (CHTR) [C]
	Oaktree Specialty Lending Corp. (OCSL) [+]		Wells Fargo & Co. (WFC) [-]
	Pfizer, Inc. (PFE) [+]		Merck & Co., Inc. (MRK) [C]
	SNDL Inc. (SNDL)		Moderna, Inc. (MRNA) [-]
	Sanofi ADR (SNY)		Caterpillar Inc. (CAT) [C]
	Plug Power Inc. (PLUG)		Freddie Mac (FHLMC) 6.0% bond 7/30/26 [C]
	Gaming and Leisure Properties Inc. (GLPI) [+]		
	Simon Property Group Inc. (SPG) [+]	THIN	KING ABOUT
	4.25% 3 year non-callable CD (Schwab)		GSK Plc ADR (GSK)
			Novartis AG ADR (NVS)
			Roche Holding AG (RHHBY)

Buy, Sell, Thinking About: w/e 01/26/24

BUY		SELL	
	Vanguard Total Bond Mkt Indx Fnd (BND) [+]		Fidelity Select Industrials (FCYIX) [-]
	Fidelity Total Bond ETF (FBND) [+]		Gamestop (GME) [-]
	Fidelity Low Duration Bnd Factor ETF (FLDR) [+]		Coinbase Global Inc. (COIN) [C]
	Fidelity Select Technology Portfolio (FSPTX) [+]		KeyCorp (KEY) [C]
	TKO Group Holdings Inc. (TKO) [+]		Truist Financial Corp. (TFC) [C]
	UBS Group AG (UBS) [+]		Merck & Co., Inc. (MRK) [C]
	General Dynamics Corp. (GD)	THII	NKING ABOUT
	Albemarle Corp. (ALB)		
	Agree Realty Corp. (ADC) [+]		
	Crown Castle International Corp. (CCI) [+]		
	American Electric Power Co. (AEP) [+]		
	Entergy Corp. (ETR)		
	5.39% 4-week T-Bill (Treasury Direct)		

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

Buy, Sell, Thinking About: w/e 01/19/24

BUY		BUY	
	JPMorgan Equity Prem Inc ETF (JEPI) [+]		5.1% 2 month CD (Fidelity)
	Schwab Value Adv Money Market (SWVXX) [+]		5.5% 15 month CD, NC (Synchrony Bank)
	Verizon Communications Inc. (VZ) [+]		
	Devon Energy Corp. (DVN) [+]		
	Kinder Morgan Inc. (KMI)	SELI	
	Banc of California Inc. (BANC)		Republic Services, Inc. (RSG) [C]
	Hercules Capital, Inc. (HTGC) [+]		Apple, Inc. (AAPL) [-]
	AP Moeller-Maersk (AMKBY) [+]		Broadcom, Inc. (AVGO) [-]
	Canadian Pacific Kansas City Ltd (CP) [+]		
	Microsoft Corp. (MSFT)		
	ServiceNow Inc. (NOW) [+]	THII	NKING ABOUT
	Nvidia Corp. (NVDA) [+]		Technology Select Sector SPDR ETF (XLK)

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

Options Actions (CM)

A slew of my options expired on Friday [01/19/24]:

AAPL written puts with strikes of 140, 145, 150, 155, 165, and 170.
AAPL bought calls with strikes of 140, 160, and 170.
ISRG written puts with strikes of 276.67, 286.67, 290, 293.33, and 300
ISRG bought call strike 286.67.
AMZN bought calls with a strike of 165.25 (out of the money).
TTD written put with a strike of 60.
TTD bought calls with a strike of 60.
MSFT written puts with strikes of 285, 290, and 310.
MSFT bought call with a strike of 280.
MA written put with a strike of 380.
SHOP written puts with strikes of 68 and 74.
BRK/B written put with a strike of 330.
COST written put with a strike of 525.

I credit options with helping increase the average annual return on my portfolio. Schwab has a portfolio performance widget that goes back to 1 January 2009. It says my average annual portfolio return for that 15-year period is 26.54 percent. But the average annual performance for the past five years is 29.14 percent. I think I can get that five-year return over 30 percent.

Buy, Sell, Thinking About: w/e 01/12/24

BU	Υ	SELI	
	Vanguard Total Int'l Stock Index (VXUS) [+]		WD-40 Company (WDFC) [C]
	Verizon Communications Inc. (VZ) [+] [X2]		Devon Energy Corp. (DVN) [C]
	Archer Daniels Midland Co. (ADM)		Dominion Energy, Inc. (D) [C]
	Chevron Corp. (CVX) [+]		
	Devon Energy Corp. (DVN) [+]		
	Bristol-Myers Squibb (BMY) [+]		
		THIN	NKING ABOUT
			AT&T, Inc. (T)
		1	

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

Buy, Sell, Thinking About: w/e 01/05/24

BUY		BUY	
	Invesco Senior Loan ETF (BKLN)	FA	Paychex Inc. (PAYX)
	Vanguard Total Bond Market Index Fund (BND)		CareTrust REIT Inc. (CTRE)
	Invesco BulletShares 2028 Corp Bond ETF (BSCS)		Simon Property Group Inc. (SPG) [+]
	Invesco BulletShares 2030 Corp Bond ETF (BSCU)		NextEra Energy Partners, LP (NEP) [+]
	Invesco BulletShares 2031 Corp Bond ETF (BSCV)	SELI	
	iShares iBonds Dec 2033 Term Treas'y ETF (IBTO)		Loomis Sayles Strategic Inc Fund Cl Y (NEZYX)
	Parnassus Core Equity Fund – Inv (PRBLX) [+]		PIMCO Real Return Fund Inst'l Class (PRRIX)
	T. Rowe Price Tax-Free Income Fund (PRTAX)		Vanguard Short-Term Fed'l Fund Inv (VSGBX)
	T. Rowe Price Virginia Tax-Free Bond Fnd (PRVAX)		Western Asset Core Bond Fund Class I (WATFX)
	Schwab Value Adv Money Market (SWVXX) [+]		Amgen Inc. (AMGN) [C]
	T. Rowe Price Overseas Stock Fund (TROSX)		Cencora Inc. (COR) [C]
	Verizon Communications Inc. (VZ) [+]		Apple, Inc. (AAPL) [-]
	Astrazeneca plc ADR (AZN)		Tanger Factory Outlet Centers (SKT) [C]

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

Buy, Sell, Thinking About: w/e 01/05/24

BU	Y	SELI	
	Vanguard Growth Index Fund Admiral (VIGAX)		Vanguard U.S. Value Factor ETF (VFVA)
	CDs		
	4.00% 3 year CD (NC) (Schwab)5.10% 3 month CD (NC) (Merrill Lynch)		
		THII	NKING ABOUT

Buy, Sell, Thinking About: w/e 12/29/23

BU	Υ	SELI			
	Schwab Short-Term U.S. Treas ETF (SCHO) [+]		Fidelity Select Biotech Portfolio (FBIOX) [-]		
	Spok Holdings Inc. (SPOK)		Schwab U.S. Dividend Equity ETF (SCHD) [C]		
	AT&T Inc. (T) [+]		Schwab Value Adv Money Market (SWVXX) [-]		
	Verizon Communications Inc. (VZ) [+]		Vanguard ST Infl Prt Sec Indx Fd ETF (VTIP) [-]		
	PDD Holdings Inc. ADR (PDD)		BioVie Inc. (BIVI) [-]		
	salesforce.com, inc. (CRM)		Lockheed Martin Corp. (LMT) [C]		
	Barrick Gold Corp. (GOLD)		Paycom Software Inc. (PAYC) [-]		
	NextEra Energy Partners, LP (NEP) [+] [X2]		Coherent Corp. (COHR) [C]		
	NiSource Inc. (NI)		Oracle Corp. (ORCL) [-]		
			Innovative Industrial Properties Inc. (IIPR) [-]		
		THIN	NKING ABOUT		
			Astrazeneca plc ADR (AZN)		

Buy, Sell, Thinking About: w/e 12/22/23

BUY		SELL	
	iShares MSCI Poland ETF (EPOL) [+]		Schwab U.S. Dividend Equity ETF (SCHD) [-]
	iShares MSCI India ETF (INDA) [+]		Exxon Mobil (XOM) [-]
	Schwab Value Adv Money Market (SWVXX) [+]		
	AT&T Inc. (T) [+]		
	Verizon Communications Inc. (VZ) [+]		
	Hercules Capital, Inc. (HTGC) [+]		
	Oaktree Specialty Lending Corp. (OCSL) [+]	THII	NKING ABOUT
	Amgen Inc. (AMGN) [+]		iShares iBoxx USD Inv Grd Corp Bond ETF (LQD)
	Getty Realty Corp. (GTY) [+]		Broadcom, Inc. (AVGO) [-]
	American Electric Power Co. (AEP) [+]		
	NextEra Energy Partners, LP (NEP) [+]		
	5.00% 1 year CD (Fidelity)		
	[from maturing 1 year 4.65% CD ladder rung]		

FA: Financial Advisor Trade

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[X2] Two Buys

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Buy, Sell, Thinking About: w/e 12/15/23

BUY		SEL	SELL		
	Fidelity Select Financials Portfolio [FIDSX]		Fidelity Select Health Care Portfolio [FSPHX] [-]		
FA	Chevron Corp. (CVX) [+]		Schwab U.S. Dividend Equity ETF (SCHD) [-]		
	Devon Energy Corp. (DVN) [+]		Pfizer, Inc. (PFE) [C] [X2]		
	Hercules Capital, Inc. (HTGC) [+]		W. P. Carey Inc. (WPC) [C]		
	Oaktree Specialty Lending Corp. (OCSL) [+]				
	NextEra Energy Partners, LP (NEP) [+]				
	CDs:	THII	NKING ABOUT		
	• 4.65% CD non-callable 3 year (Schwab) Bonds:	THII	Invesco Senior Loan ETF (BKLN)		
	• 4.65% CD non-callable 3 year (Schwab)	THII			
	 4.65% CD non-callable 3 year (Schwab) Bonds: Comerica Bond, 4% coupon, matures 	THI	Invesco Senior Loan ETF (BKLN)		
	 4.65% CD non-callable 3 year (Schwab) Bonds: Comerica Bond, 4% coupon, matures 	THI	Invesco Senior Loan ETF (BKLN)		
	 4.65% CD non-callable 3 year (Schwab) Bonds: Comerica Bond, 4% coupon, matures 	THI	Invesco Senior Loan ETF (BKLN)		
	 4.65% CD non-callable 3 year (Schwab) Bonds: Comerica Bond, 4% coupon, matures 	THI	Invesco Senior Loan ETF (BKLN)		

Buy, Sell, Thinking About: w/e 12/08/23

BUY		SELL	
	iShares MSCI India ETF (INDA)		Cisco Systems, Inc. (CSCO) [C]
	Vanguard Mid Cap Index Fund (VO)		Duke Energy Corp. (DUK) [-]
	Vanguard S&P 500 ETF (VOO)		
	Verizon Communications Inc. (VZ) [+]		
	Amazon.com, Inc. (AMZN)		
	McDonald's Corp. (MCD)		
	Devon Energy Corp. (DVN) [+]	THI	NKING ABOUT
	Energy Transfer LP (ET)		Dominos Pizza Inc. (DPZ)
	Banc of California Inc. (BANC) [+]		McDonald's Corp. (MCD)
	Amgen Inc. (AMGN)		Assurant Inc. (AIZ)
	5.50% J P Morgan 1 year callable CD (Fidelity)		Stryker Corp. (SYK)
	5.395% 4 week T-Bill (Treasury Direct)		Ametek Inc. (AME)
			Graco Inc. (GGG)

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

Buy, Sell, Thinking About: w/e 12/01/23

BU	Υ	SEL	L
	iShares Russell 2000 ETF (IWM) [+]		American Electric Power Co. (AEP) [C]
	Schwab U.S. Dividend Equity ETF (SCHD) [+]		
	Vanguard Mid Cap Index Fund (VO) [+]		
	Chevron Corp. (CVX) [+]		
	Banc of California Inc. (BANC)		
	Hercules Capital, Inc. (HTGC) [+]		
	Pfizer, Inc. (PFE) [+]		
	International Paper Co. (IP)		
	Agree Realty Corp. (ADC) [+]		
	American Electric Power Co. (AEP)		
	5.55% callable 2 yr CD (Fidelity)	THII	NKING ABOUT
	5.25% 1 yr CD (Fidelity)		Pfizer, Inc. (PFE) [to sell]

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

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Buy, Sell, Thinking About: w/e 11/24/23

BUY		SELL	
	Vanguard Div Appreciation Index Fund (VDADX)		iShares U.S. Medical Devices ETF (IHI) [C]
	Vanguard Tot Stk Mkt Indx Fnd Admiral (VTSAX)		iShares Core S&P 500 ETF (IVV) [-]
	Trade Desk Inc. (TTD) [+]		Vangrd Wellesley Inc Fund Inv Shares (VWINX)
	Amazon.com, Inc. (AMZN) [+]		Cisco Systems, Inc. (CSCO) [-]
	Exxon Mobil (XOM)		Microsoft Corp. (MSFT) [C]
	Shopify Inc. (SHOP) [+]		Motorola Solutions, Inc. (MSI) [C]
	 Bonds: Capital One Financial Corp bond; 3.379% coupon; matures 10/29/2025; 6.69% YTM Canadian Imperial Bank bond; 6.15% coupon; A-rated; matures 01/20/2026; 6.1% YTM 		Linde plc (LIN) [C] Commodities: 1,000 bu corn – to be harvested 250 bu soybeans – to be harvested
		THII	NKING ABOUT
			Akre Focus Fund Retail Class (AKREX)
			iShares iBoxx \$ Hi Yld Corp Bond ETF (HYG)

Buy, Sell, Thinking About: w/e 11/17/23

BUY		SELL	
	JPMorgan Equity Prem Inc ETF (JEPI) [+]		Vanguard ST Infl Prt Sec Indx Fd ETF (VTIP) [C]
	JPMorgan Nasdaq Eqty Prem Inc ETF (JEPQ) [+]		
	General Electric Company (GE) [+]		
	SPDR S&P Homebuilders ETF (XHB) [+]		
	Vanguard Total Int'l Stock Index (VXUS) [+]		
	Oaktree Specialty Lending Corp. (OCSL) [+]	THII	NKING ABOUT
	Schwab Value Adv Money Market (SWVXX) [+]		Vanguard Mid Cap Index Fund (VO) [+]
			iShares Russell 2000 ETF (IWM) [+]

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

Buy, Sell, Thinking About: w/e 11/10/23

BUY		SELL	
	iShares U.S. Aero & Def ETF (ITA) [+]		Vanguard ST Infl Prt Sec Indx Fd ETF (VTIP) [-]
	BorgWarner Inc. (BWA) [+]		Cummins Inc. (CMI) [C]
	The Hershey Company (HSY) [+]		Oracle Corp. (ORCL) [-]
	BP plc ADR (BP) [+]		Air Products and Chemicals, Inc. (APD) [C]
	Chevron Corp. (CVX)		
	AP Moeller-Maersk (AMKBY) [+]	THI	NKING ABOUT
	American Electric Power Co. (AEP)		
	Bonds: • Synchrony Bank bond; 3.95% coupon; matures 12/01/2027; 7.65% YTM; CDs and T-Bills: • 5.45% 6 month CD (Fidelity) • 3 - 6 month T-bills, 5.45% - 5.53% (Fidelity)		

Buy, Sell, Thinking About: w/e 11/03/23

BU		BU	f
FA	Fidelity Select Comm Services (FBMPX)		W. P. Carey Inc. (WPC) [+]
FA	Fidelity Select Industrials (FCYIX)		3 year 5.15% non-callable CD (Schwab)
FA	Fidelity Select Consumer Staples (FDFAX)		Federal Home Loan Mortgage Corp. Bond
FA	Fidelity Select Consumer Discretionary (FSCPX)		(FHLMC); 6.0% coupon; matures 7/30/2026; 6.01% YTM; GSE (Govt Sponsored Enterprise)
FA	Fidelity Select Technology Portfolio (FSPTX)		AAA rated; callable after 10/30/2024.
	Schwab U.S. Dividend Equity ETF (SCHD) [+}	SELI	-
	iShares 10-20 Year Treasury Bond ETF (TLH)		Air Products and Chemicals, Inc. (APD) [C]
	AT&T Inc. (T) [+]		Net Lease Office Properties (NLOP) [C]
	Trade Desk Inc. (TTD) [+]	тни	NKING ABOUT
	Verizon Communications Inc. (VZ) [+]		Assurant Inc. (AIZ)
	Hercules Capital, Inc. (HTGC) [+]		Allstate Corp (ALL)
	Pfizer, Inc. (PFE) [+]		Chubb Limited (CB)
	Realty Income (O) [+]		

FA: Financial Advisor

[+] Add

[X2] Two Buys

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Buy, Sell, Thinking About: w/e 10/27/23

BUY		SELL	
FA	Fidelity Equity-Income Fund (FEQIX)	FA	Fidelity Short Dur High Inc Fund (FSAHX) [C]
FA	Fidelity Floating Rate High Inc Fund (FFRHX)	FA	Fidelity U.S. Bond Index Fund (FXNAX) [C]
FA	Fidelity Intermediate Bond Fund (FTHRX)	FA	Veralto Corp. (VLTO) [C]
	VanEck Pref' Securities ex Financials (PFXF) [+]		
	Schwab U.S. Dividend Equity ETF (SCHD)		
	Schwab Value Adv Money Market (SWVXX) [+]	THII	NKING ABOUT
	Mondelez International, Inc. (MDLZ)		Walmart Inc. (WMT)
FA	PepsiCo, Inc. (PEP)		Morningstar Inc. (MORN)
	Hercules Capital, Inc. (HTGC) [+]		
	JPMorgan Chase & Co. (JPM) [+]		
	Chart Industries, Inc. (GTLS) [+]		
	United Parcel Service (UPS) [+]		
	Realty Income (O) [+]		

FA: Financial Advisor

[+] Add

[X2] Two Buys

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Buy, Sell, Thinking About: w/e 10/27/23

BU	Υ	SE	L
	 Corporate Bonds: Regions Financial Bond – coupon 2.25%, matures 5/18/25, YTM 7.24% (Fidelity) Discover Financial Services – coupon 4.10%, matures 2/9/27, YTM 7.46% (Fidelity) JP Morgan Medium Term Note (MTN) – 7% (??) [via FA] 		
	CDs and T-Bills: • 3 mo CD 5.400% (Fidelity) • 6 mo CD 5.450% (Fidelity) • 3 mo CD 5.562% (Schwab) • 6 mo CD 5.576% (Schwab) • 3 mo T-bills 5.43% to 5.49% (Fidelity)	TH	NKING ABOUT

Buy, Sell, Thinking About: w/e 10/20/23

BUY		SEL	SELL	
	JPMorgan Equity Prem Inc ETF (JEPI) [+]		Amazon.com, Inc. (AMZN) [C]	
	iShares iBoxx USD Inv Grd Corp Bond ETF (LQD)		Abercrombie & Fitch Co. (ANF) [-]	
	Schwab Value Adv Money Mkt (SWVXX) [+] [X2]		Magna International (MGA) [-]	
	Vangrd ST Infl Prt Sec Indx Fd ETF (VTIP) [+]		Hormel Foods Corp. (HRL) [-]	
	IAC Inc. (IAC) [+]		Iron Mountain Inc. (IRM) [C]	
	AT&T Inc. (T) [+]	THII	NKING ABOUT	
	Brookfield Corporation (BN) [+]		Aflac Incorporated (AFL)	
	The Carlyle Group Inc. (CG) [+]		Cboe Global Markets, Inc. (CBOE)	
	Hannon Armstrong Sust Infra Cap Inc (HASI) [+]		Kinsale Capital Group, Inc. (KNSL)	
	Agree Realty Corp. (ADC) [+]		Eli Lilly and Co. (LLY)	
	Alexandria Real Estate Equities, Inc. (ARE) [+]		Mckesson Corporation (MCK)	
	NNN REIT Inc. (NNN) [+]		General Dynamics Corp. (GD)	
	Realty Income (O) [+]			

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

Buy, Sell, Thinking About: w/e 10/20/23

BU	Υ	SEL	
	 Corporate Bonds: Federal Home Loan Bank bond: 5.7% coupon, 4/11/25 maturity, 5.7% YTM (Fidelity) Key Bank Corporate bond: 4.15% coupon, 10/29/25 maturity, 7.739% YTM (Fidelity) 		
	 CDs and T-Bills: 13, 26, wk T-bills, 5.503%, 5.574% (Treasury Direct) 13 wk T-bill, 5.47% (via brokerage) 		
	13 WK 1 Billy 3.47% (Via brokerage)	THI	NKING ABOUT

Buy, Sell, Thinking About: w/e 10/13/23

BUY		BUY	
	iShares U.S. Aero & Def ETF (ITA) [+]		Palo Alto Networks, Inc. (PANW) [+]
	iShares Pref'd and Income Sec ETF (PFF) [+]	SELI	
	Schwab Value Adv Money Fund (SWVXX) [+]		Erie Indemnity Company (ERIE) [C]
	Alphabet, Inc. (GOOGL) [+]		Medtronic plc (MDT) [C]
	Amazon.com, Inc. (AMZN) [+]		Veralto Corp. (VLTO) [C]
	Cencora Inc. (COR)		Sherwin-Williams Co. (SHW) [C]
	Humana Inc. (HUM)		Sempra (SRE) [C]
	UnitedHealth Group, Inc. (UNH)	THI	NKING ABOUT
	Adobe, Inc. (ADBE) [+]		Eli Lilly and Co. (LLY)
	Intuit Inc. (INTU)		NextEra Energy Partners, LP (NEP)
	Corporate Bond Buys: • KeyCorp Bond: 4.15% coupon, matures 10/29/25, YTM 7.18%		
	CD and T-Bill Buys: • 5.50% - 3 mo CD (Fidelity)		
	 5.45% - 9 mo CD (Fidelity) 5.65% - 1 yr callable CD (Fidelity) 5.4961% - 5.5577% T-Bills (Fidelity) 		

Buy, Sell, Thinking About: w/e 10/06/23

BU	Υ	BUY	· Citizens Financial Bond
	Transocean Ltd. (RIG) [+]		2.85% coupon, matures 07/26/26 YTM 7.01% Synovous Bank Bond
	Visa, Inc. (V) [+]		5.20% coupon, matures 08/10/25 YTM 7.54% CDs and T-Bills:
	Valley National Bancorp (VLY) [+]		 3, 6, 9, 12 mo CDs @ 5.5% (Morgan Stanley) 5.75% 15 mo CD (callable after 04/10/24) (Fidelity) 5.35% - 5.50% 3 mo CDs (Fidelity)
	Eli Lilly and Co. (LLY)		 5.48% - 5.50% 3 mo T-Bills (Fidelity) Sold: 1200 Bu Corn, 400 Bu Soybeans
	Novo Nordisk (NVO)	SEL	
	Adobe, Inc. (ADBE) [+]		SPDR Dividend ETF (SDY) [C]
	Broadcom, Inc. (AVGO) [+]		Vanguard High Dividend Yld Indx ETF (VYM) [C]
	Crowdstrike Holdings, Inc. (CRWD)		American Electric Power Co. (AEP) [C]
	Cisco Systems, Inc. (CSCO)	THN	KING ABOUT
	Snowflake, Inc. (SNOW)		Factset Research Systems Inc. (FDS)
	Linde plc (LIN)		Cencora Inc. (COR)
			Humana Inc. (HUM)
			UnitedHealth Group, Inc. (UNH)

Buy, Sell, Thinking About: w/e 09/29/23

BUY		S	SELL		
	JPMorgan Equity Prem Inc ETF (JEPI)		L3Harris Technologies, Inc. (LHX)		
	Arthur J. Gallagher & Co. (AJG)		Pinnacle West Capital Corp. (PNW)		
	U.S. Bancorp (USB)		RenaissanceRe Holdings Ltd (RNR)		
	Amgen Inc. (AMGN)				
	Pfizer, Inc. (PFE)				
	Cisco Systems, Inc. (CSCO)				
	Realty Income (O)				
	American Electric Power Co. (AEP)				
	CORPORATE BOND BUYS:	т	HNKING ABOUT		
	 Huntington <u>Bankshares</u> Bond 2.625% coupon, matures 08/06/2024 YTM 6.52% 		Aflac Incorporated (AFL)		
			RenaissanceRe Holdings Ltd (RNR)		
	NOTE: • AEP: 2 Buys		Mckesson Corporation (MCK)		
			Kadant, Inc. (KAI)		

Buy, Sell, Thinking About: w/e 09/22/23

BUY		BU	BUY	
	Vanguard US Quality Factor ETF (VFQY)		XED INCOME BUYS – CD BOND LADDER: 5.50% 3 mg CD (NC) (Fidelity)	
	Berkshire Hathaway Inc. (BRK/B) [+]	 5.40% 6 mo CD (NC) (Fidelity) 5.45% 9 mo CD (NC) (Fidelity) 	5.40% 6 mo CD (NC) (Fidelity)	
	Brown & Brown, Inc. (BRO)		ORPORATE BOND BUYS:	
	Hannon Armstrong Sust Infra Cap Inc HASI) [+]	 Ally Bank Bond (not FDIC insured), mature 	Ally Bank Bond (not FDIC insured), matures 6/15/2025. 4.2% coupon, at 95.7, YTM 6.234%. BBB rated.	
	Marsh & McLennan Companies, Inc. (MMC)	•	Synchrony Bank Bond (not FDIC insured), matures 8/24/2026. 3.70% coupon, at 96.17. YTM 7.26%. BBB rated.	
	Broadridge Financial Solutions, Inc. (BR)	SEL	L	
	Cintas Corp. (CTAS)		Schwab Value Adv Money Fund (SWVXX) [-]	
	Republic Services, Inc. (RSG)			
	Alexandria Real Estate Equities, Inc. (ARE) [+]	THII	NKING ABOUT	
	NextEra Energy Partners, LP (NEP) [+]		Arthur J. Gallagher & Co. (AJG)	
			Amgen Inc. (AMGN)	
			Cencora Inc. (COR)	
			CDW Corporation (CDW)	

Buy, Sell, Thinking About: w/e 09/15/23

BUY		SEL	SELL	
	Schwab Value Advantage Money Fund (SWVXX)		Casey's General Stores, Inc. (CASY) [C]	
	Blue Owl Capital Corporation (OBDC) [+]		Walmart Inc. (WMT) [C]	
	General Electric Company (GE) [+]		Eli Lilly and Co. (LLY) [C]	
	Arm Holdings plc ADR (ARM)		250 Bu Soybeans (still in the field)	
	Agree Realty Corp. (ADC) [+]		1000 Bu Corn (still in the field)	
	Alexandria Real Estate Equities, Inc. (ARE)	THII	NKING ABOUT	
	5.350% 9 mo CD (non-callable) (Fidelity)		First Trust Nasdaq 100 Tech Sector Index Fund (QTEC) [+]	
	5.650% 1 yr CD (callable) (Fidelity)		Kinsale Capital Group, Inc. (KNSL)	
C	ORPORATE BOND BUYS:		Stryker Corp. (SYK)	
_	Capital One Bond (not FDIC insured), matures 2/1/2025. 3.2% coupon, at 96.4 (3.6% discount to par.)		Broadridge Financial Solutions, Inc. (BR)	
	Yield 6.234% to maturity. BBB rated. BankUnited Bond (not FDIC insured), matures 11/17/25.		Old Dominion Freight Line, Inc. (ODFL)	
	4.875% coupon, at 96.17. Yield 7.67% to maturity. BBB rated.		Intel Corp. (INTC) [Sell]	
	The state of the second		Air Products and Chemicals, Inc. (APD)	

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

Buy, Sell, Thinking About: w/e 09/08/23

BUY		SEL	SELL	
	Fidelity Select Comm Services Port (FBMPX)		iShares Global REIT ETF (REET) [C]	
	Fidelity Select Industrials Portfolio (FCYIX)	FA	Gentex (GNTX) [-]	
	Fidelity Select Consumer Staples Port (FDFAX)		Intuit Inc. (INTU) [C]	
	Fidelity Select Cons Discretionary Port (FSCPX)	FA	Oracle Corp. (ORCL) [-]	
	Fidelity Select Technology Portfolio (FSPTX)			
	Schwab Value Advantage Money Fund (SWVXX)			
	The Bank of Nova Scotia (BNS) [+]			
	Brookline Bancorp, Inc. (BRKL) [+]	THII	NKING ABOUT	
	Blue Owl Capital Corporation (OBDC) [+]		Aflac Incorporated (AFL)	
	Novo Nordisk (NVO) [+]		Citizens Financial Group, Inc. (CFG) [to SELL]	
	Canadian Pacific Kansas City Ltd (CP) [+]		Evercore Inc. (EVR)	
	PACCAR Inc. (PCAR)		Kinsale Capital Group, Inc. (KNSL)	
	RWE Aktiengesellschaft (RWEOY) [+]		Truist Financial Corp. (TFC) [to SELL]	

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

Buy, Sell, Thinking About: w/e 09/08/23

BU'	BUY		SELL	
	5.350% 3 mo CD (NC) (Fidelity) [X4]			
	5.440% - 5.490% 3 mo T-Bill (Fidelity) [X6]			
	5.700% 13 mo CD (callable after 3/18/24) (Schwab) [X2]			
		THII	NKING ABOUT	

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

Buy, Sell, Thinking About: w/e 09/01/23

	bay, sen, rininang r		out. W/C 03/01/23		
BU'	Y	SEL	SELL		
FA	Fidelity® Select Consumer Staples Port (FDFAX)	FA	Fidelity® Select Utilities Portfolio (FSUTX) [C]		
	iShares U.S. Aero & Def ETF (ITA) [+]		Schwab U.S. Dividend Equity ETF (SCHD) [-]		
	Amazon.com, Inc. (AMZN) [+]		West Pharmaceutical Services, Inc. (WST) [C]		
FA	NIKE, Inc. (NKE) [+]		IBM Corp. (IBM) [C]		
	Transocean Ltd. (RIG) [+]		Corteva, Inc. (CTVA) [C]		
	Bank of America (BAC) [+]		Realty Income (O) [C]		
	The Bank of Nova Scotia (BNS) [+]				
	Blue Owl Capital Corporation (OBDC) [+]	THI	NKING ABOUT		
	Oaktree Specialty Lending Corp. (OCSL) [+]		Delta Air Lines, Inc. (DAL)		
	Sun Life Financial Inc. (SLF) [+]		Old Dominion Freight Line, Inc. (ODFL)		
	Agree Realty Corp. (ADC) [+]		Rockwell Automation, Inc. (ROK)		
	National Storage Affiliates Trust (NSA)		Safran S.A. (SAFRF)		
	Realty Income (O)		Worthington Industries, Inc. (WOR)		
	NextEra Energy Partners, LP (NEP) [+]		Mid-America Apt. Communities (MAA)		
	FA: Financial Advisor Trade [+] Add	[X2]	Two Buys [-] Trim [C] Close 58		

Buy, Sell, Thinking About: w/e 09/01/23

Buy, Sell, Thinking About: w/e 08/25/23

BUY		SELL	
	Kenvue Inc. (KVUE)	FA	Bank of Hawaii Corporation (BOH) [C]
	Erie Indemnity Company (ERIE)		Johnson & Johnson (JNJ) [C]
	Blue Owl Capital Corporation (OBDC) [+]		
	General Electric Company (GE)		
	Owens Corning (OC)		
	Quanta Services, Inc. (PWR)		
	4.900% 3 yr CD (Schwab)		
	5.250% 2 yr CD (Schwab)	THII	NKING ABOUT
	5.390% 4 wk T-Bill (Treasury Direct)		Brown & Brown, Inc. (BRO)
	5.406% 3 mo CD (Schwab)		Chubb Limited (CB)
	5.462% 13 wk T-Bill (Treasury Direct)		Marsh & McLennan Companies, Inc. (MMC)
	5.550% 13 mo (callable) CD (Fidelity)		Gilead Sciences, Inc. (GILD)
			CDW Corporation (CDW)

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

Buy, Sell, Thinking About: w/e 08/18/23

BUY		BU	BUY	
	VanEck Pref' Securities ex Financials (PFXF)		5.4296% 3 mo T-Bill (Fidelity)	
	Blackstone Inc. (BX) [+]		5.5000% 12 mo CD, callable 02/22/24 (Fidelity)	
	Eli Lilly and Co. (LLY)			
	Caterpillar Inc. (CAT)	SEL	L	
	Deere & Co. (DE) [+]	FA	Alphabet, Inc. (GOOGL) [-]	
	Emerson Electric Co. (EMR)		Cboe Global Markets, Inc. (CBOE) [C]	
	Honeywell International Inc. (HON) [+]	FA	Danaher Corporation (DHR) [-]	
	Amphenol Corporation (APH)	FA	Merck & Co., Inc. (MRK) [-]	
	Agree Realty Corp. (ADC) [+]		Broadridge Financial Solutions, Inc. (BR) [C]	
	Prologis, Inc. (PLD)	FA	L3Harris Technologies, Inc. (LHX) [C]	
	NextEra Energy Partners, LP (NEP) [X2]	THI	NKING ABOUT	
	RWE Aktiengesellschaft (RWEOY) [+]			
	5.2000% 3 mo CD (Fidelity)			

Buy, Sell, Thinking About: w/e 08/11/23

BU	Υ	BU	BUY	
	Global X Robotics & AI ETF (BOTZ)		Simon Property Group Inc. (SPG) [+]	
	iShares U.S. Aero & Def ETF (ITA) [+]		W. P. Carey Inc. (WPC) [+]	
	Verizon Communications Inc. (VZ) [+]		American Electric Power Co. (AEP)	
	Kenvue Inc. (KVUE)		NextEra Energy Partners, LP (NEP) [+]	
	Transocean Ltd. (RIG) [+]		5.150% 3 mo CD (Fidelity)	
	Arbor Realty Trust, Inc. (ABR) [+]		5.400% 2 yr CD (Vanguard)	
	Bank of America (BAC)		5.4195% 3 mo T-bill (Fideity)	
	Hannon Armstrong Sust Infra Cap Inc (HASI) [+]	TH	IINKING ABOUT	
	AP Moeller-Maersk (AMKBY) [+]		Caterpillar (CAT)	
	Canadian Pacific Kansas City Ltd (CP) [+]		General Electric Company (GE)	
	Corning, Inc. (GLW) [+]		Amphenol Corporation (APH)	
	Agree Realty Corp. (ADC)			
	Alexandria Real Estate Equities, Inc. (ARE) [+]			

Buy, Sell, Thinking About: w/e 08/11/23

SEL	SELL		.L
	Schwab U.S. Dividend Equity ETF (SCHD) [-]		
	AbbVie Inc. (ABBV) [-]		
	Johnson & Johnson (JNJ) [C]		
	MSC Industrial Direct Co., Inc. (MSM) [-]		
	International Flavors & Fragrances Inc (IFF) [C]		
	Tanger Factory Outlet Centers, Inc. (SKT) [C]		
	250 Bu Soybeans (in the field)		
	1000 Bu Corn (in the field)		

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

Buy, Sell, Thinking About: w/e 08/04/23

,					
BU	BUY		SELL		
	Fidelity® Multi-Asset Income Fund (FMSDX)		Columbia Income Builder Fund Inst (CBUZX) [C]		
	JPMorgan Nasdaq Eqty Prem Inc ETF (JEPQ) [+]		Vanguard Mid Cap Index Fund (VO) [C]		
	Thrivent Small Cap Stock Fund Class S (TSCSX)		AbbVie Inc. (ABBV) [-]		
	Vanguard U.S. Value Factor ETF (VFVA)	FA	Johnson & Johnson (JNJ) [-]		
	Comcast Corporation (CMCSA)		Lennox International Inc. (LII) [C]		
	Verizon Communications Inc. (VZ) [+]		MSA Safety Incorporated (MSA) [C]		
	DraftKings Inc. (DKNG)		Otter Tail Corporation (OTTR) [C]		
FA	Kenvue Inc. (KVUE) [+]	THII	NKING ABOUT		
	WD-40 Company (WDFC)		First Trust Water ETF (FIW)		
	Blackrock, Inc. (BLK)		iShares MSCI India ETF (INDA)		
	Accenture plc (ACN)		Emerson Electric Co. (EMR)		
	Ecolab Inc. (ECL)		Universal Display Corporation (OLED)		
	NextEra Energy Partners, LP (NEP) [+]		American Electric Power Co. (AEP)		

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

Buy, Sell, Thinking About: w/e 07/28/23

BUY		SEL	SELL	
	Verizon Communications Inc. (VZ) [+]		M.D.C. Holdings, Inc. (MDC) [C]	
	Pioneer Natural Resources Co. (PXD) [+]		AbbVie Inc. (ABBV) [-]	
	Zoetis Inc. (ZTS)		Becton, Dickinson and Company (BDX) [C]	
	Monolithic Power Systems, Inc. (MPWR)		Booz Allen Hamilton Holding Corp. (BAH) [C]	
	UiPath Inc. (PATH)		Illinois Tool Works Inc. (ITW) [C]	
	NextEra Energy Partners, LP (NEP) [X3]		Iron Mountain Inc. (IRM) [-]	
		THI	NKING ABOUT	

Buy & Sell List – Week Ending 07/21/23

BUY		BU	BUY	
	iShares MSCI Poland ETF (EPOL) [+]		Power Integrations, Inc. (POWI)	
	Schwab Val Advantage Money Fd (SWVXX) [+]		PPG Industries, Inc. (PPG)	
	Polaris, Inc. (PII)		Crown Castle International Corp. (CCI)	
	Bunge Ltd (BG) [+]		5.318% 4 wk T-bill (Treas Dir)	
	Pioneer Natural Resources Co. (PXD) [+]		5.361% 8 wk T-bill (Treas Dir)	
	PacWest Bancorp (PACW) [+]		5.369% 3 mo T-bill (Fidelity)	
	The Charles Schwab Corporation (SCHW)		5.409% 13 wk T-bill (Treas Dir)	
	Synovus Financial Corp. (SNV) [+]	SEL	L	
	Cummins Inc. (CMI)		Activision Blizzard, Inc. (ATVI) [C]	
	Canadian Pacific Kansas City Ltd (CP)		Cintas Corp. (CTAS) [C]	
	Lennox International Inc. (LII)		Iron Mountain Inc. (IRM) [-]	
	Pentair plc (PNR)		Avista Corp. (AVA) [C]	
	Intuit Inc. (INTU)		California Water Service Group (CWT) [C]	

Thinking Abouts – w/e 07/21/23

THINKING ABOUT		THINKING ABOUT		
	Teucrium Corn Fund (CORN)			
	Vanguard Intermediate-Term Corporate Bond Index Fund (VCIT)			
	Monolithic Power Systems, Inc. (MPWR)			
	NextEra Energy Partners, LP (NEP) [X2]			

Buy & Sell List – Week Ending 07/14/23

BU	Υ	BU	BUY	
	iShares Core S&P Small Cap ETF (IJR) [+]		Blue Owl Capital Corporation (OBDC) [+]	
	SPDR S&P Homebuilders ETF (XHB)		The Progressive Corp. (PGR) [+]	
	Verizon Communications Inc. (VZ)		STERIS plc (STE)	
	Brunswick Corporation (BC)	FA	UnitedHealth Group, Inc. (UNH) [+]	
FA	Starbucks Corp. (SBUX)		Allegion plc (ALLE)	
	Tesla, Inc. (TSLA)		Broadridge Financial Solutions, Inc. (BR)	
	Devon Energy Corp. (DVN) [+]		Caterpillar (CAT)	
	Pioneer Natural Resources Co. (PXD) [+]		Cummins Inc. (CMI)	
	Ares Capital Corp. (ARCC) [+]		Fastenal Company (FAST)	
FA	Fidelity Nat'l Information Svcs, Inc. (FIS)	FA	General Dynamics Corp. (GD) [+]	
	Intercontinental Exchange, Inc. (ICE)		Chart Industries, Inc. (GTLS) [+]	
	KeyCorp (KEY) [+]		MSA Safety Incorporated (MSA)	
	Moody's Corporation (MCO)		TE Connectivity Ltd. (TEL)	

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

Buy & Sell List – Week Ending 07/14/23

BUY		THI	THINKING ABOUT		
	TE Connectivity Ltd. (TEL)		Bank of America (BAC) [-]		
	Quaker Chemical Corporation (KWR)		Citizens Financial Group, Inc. (CFG) [-]		
	5.150%, 5.250% 3 mo CDs (Fidelity)		Truist Financial Corp. (TFC) [-]		
	5.2994%, 5.3824% 3 mo T-bills (Fdlity, Schwab)		Delta Air Lines, Inc. (DAL)		
SEL	.L		Pentair plc (PNR)		
	Exxon Mobil (XOM) [-] [X2]		Power Integrations, Inc. (POWI)		
	Blackstone Secured Lending Fund (BXSL) [-]		PPG Industries, Inc. (PPG)		
FA	Fastenal Company (FAST) [-]		Sherwin-Williams Co. (SHW)		
	MSC Industrial Direct Co., Inc. (MSM) [C]		American Tower Corp (AMT)		
TH	NKING ABOUT		Crown Castle International Corp. (CCI)		
	Fidelity Floating Rate High Inc Fund (FFRHX)		NextEra Energy Partners, LP (NEP)		
	SPDR Blackstone Senior Loan ETF (SRLN)				
	Polaris, Inc. (PII)				

FA: Financial Advisor Trade

[+] Add

[X2] Two B/S

-] Trim

Buy & Sell List – Week Ending 07/07/23

BUY		SELL	
	iShares Russell 2000 ETF (IWM) [+]		United Parcel Service (UPS) [C]
	Vanguard Mid Cap Index Fund (VO) [+]		4 META Puts, exp 12/12/2025
	Arbor Realty Trust, Inc. (ABR) [+]		
	5.250% 3 mo CD (Fidelity)		
	5.300% 3 mo CD (Merrill)		
	5.353% 3 mo CD (Schwab)	THI	NKING ABOUT
	5.405% 3 mo CD (Schwab)		Vanguard Total International Stock Index (VXUS)
			Intercontinental Exchange, Inc. (ICE)
			STERIS plc (STE)
			Allegion plc (ALLE)
			Broadridge Financial Solutions, Inc. (BR)
			TE Connectivity Ltd. (TEL)

Buy & Sell List – Week Ending 06/30/23

BUY		SEL	SELL	
	iShares MSCI Poland ETF (EPOL)		M.D.C. Holdings, Inc. (MDC) [-]	
	iShares Russell 2000 ETF (IWM)		PulteGroup, Inc. (PHM) [C]	
	JPMorgan Nasdaq Eqty Prem Inc ETF (JEPQ) [+]		AmerisourceBergen Corp. (ABC) [C]	
	Vanguard Mid Cap Index Fund (VO)		Graco Inc. (GGG) [C]	
	Carnival Corporation & plc (CCL)		W.W. Grainger, Inc. (GWW) [C]	
	Ares Capital Corp. (ARCC) [+]		ITT Inc. (ITT) [C]	
	Oaktree Specialty Lending Corp. (OCSL) [+]		MSC Industrial Direct Co., Inc. (MSM) [-]	
	Truist Financial Corp. (TFC) [+]		Republic Services, Inc. (RSG) [C]	
	U.S. Bancorp (USB) [+]		Snap, Inc. (SNAP) [C]	
	Pfizer, Inc. (PFE) [+]		Vulcan Materials Company (VMC) [C]	
	5.300% 3 mo CD (Fidelity)	THI	NKING ABOUT	
	5.350% 3 mo CD (Fidelity)		Global X Copper Miners ETF (COPX)	
	5.406% 3 mo, 5.300% 6 mo CD (Schwab)			

Buy & Sell List – Week Ending 06/23/23

BUY		SEL	SELL	
	Fidelity® Equity-Income Fund (FEQIX)		Fidelity® Mid-Cap Stock Fund (FMCSX) [C]	
	Alphabet, Inc. (GOOGL)		SPDR S&P 500 ETF Trust (SPY) [C]	
FA	Starbucks Corp. (SBUX)	FA	Chubb Limited (CB) [-]	
	Hannon Armstrong Sust Infra Cap, Inc. (HASI)		MSC Industrial Direct Co., Inc. (MSM) [-]	
		THI	NKING ABOUT	
			Moody's Corporation (MCO)	
			Martin Marietta Materials, Inc. (MLM)	

Buy & Sell List – Week Ending 06/16/23

BUY		SEL	SELL		
FA	Mobileye Global Inc. (MBLY) [+]		Eaton Corporation plc (ETN) [C]		
	Capital Southwest Corp. (CSWC) [+]		MDU Resources Group, Inc. (MDU) [C]		
	Oaktree Specialty Lending Corp. (OCSL) [+]		MSA Safety Incorporated (MSA) [C]		
	Owl Rock Capital Corp. (ORCC) [+]		Parker-Hannifin Corporation (PH) [C]		
	Sixth Street Specialty Lending, Inc. (TSLX) [+]		Rockwell Automation, Inc. (ROK) [C]		
	National Storage Affiliates Trust (NSA) [+]		Badger Meter, Inc. (BMI) [C]		
	5.15% 1 year Treasury Bill (UBS)		Knife River Corporation (KNF)		
		THI	NKING ABOUT		

Buy & Sell List – Week Ending 06/09/23

BU	BUY SELL		
	PulteGroup, Inc. (PHM)		Federal Agricultural Mortgage Corp. (AGM) [C]
	Coterra Energy Inc. (CTRA) [+]		Hubbell Inc. (HUBB) [C]
	Brookline Bancorp, Inc. (BRKL) [+]		Lincoln Electric Holdings, Inc. (LECO [C]
	Oracle Corp. (ORCL) [+]		Owens Corning (OC) [C]
	Nextera Energy (NEE) [+]		
	5.30% 3 mo CD (Fidelity)		
	5.30% 3 mo T-Bill (Fidelity)		
		THI	NKING ABOUT

Buy & Sell List - w/e 06/02/23 (1 of 2)

BUY		BUY		
	Alexandria Real Estate Equities, Inc. (ARE) [+]		Commercial Metals Co. (CMC) [+]	
	JPMorgan Equity Prem Inc ETF (JEPI) [+] [X2]		International Flavors & Fragrances Inc. (IFF)	
	JPMorgan Nasdaq Eqty Prem Inc ETF (JEPQ) [+]		Steel Dynamics, Inc. (STLD) [+]	
	Medical Properties Trust, Inc. (MPW) [+]		5.200% 3 mo CD (Fidelity)	
	SPDR S&P 500 ETF Trust (SPY) [+]		5.250% 15 mo CD (Fidelity)	
	Schwab Val Advantage Money Fd (SWVXX) [+]		5.350% 3 mo T-Bill (Fidelity)	
	Activision Blizzard, Inc. (ATVI) [+]		5.400% 6 mo T-Bill (UBS)	
	The Buckle, Inc. (BKE) [+]		5.406% 3 mo CD (Schwab)	
	Hannon Armstrong Sust Infra Cap, Inc. (HASI)			
	Oaktree Specialty Lending Corp. (OCSL) [+]	THI	NKING ABOUT	
	Owl Rock Capital Corp. (ORCC) [+]		Agree Realty Corp. (ADC)	
	Truist Financial Corp. (TFC) [+]		KLA Corp. (KLAC)	
	Microsoft Corp. (MSFT) [+]			

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

[C] Close

Buy & Sell List - w/e 06/02/23 (2 of 2)

SEL	L	SEL	L
	Meta Platforms, Inc. (META) [-]		
	Abercrombie & Fitch Co. (ANF) [-]		
	Bunge Ltd (BG) [-]		
	Magellan Midstream Partners, LP (MMP) [C]		
	AbbVie Inc. (ABBV) [C]		
	CVS Health Corp. (CVS) [-]		
	Cisco Systems, Inc. (CSCO) [C]		

Buy & Sell List - w/e 05/19/23 (1 of 2)

BUY		SEL	SELL			
	JPMorgan Equity Prem Inc ETF (JEPI) [+]		Schwab U.S. Dividend Equity ETF (SCHD) [C]			
	JPMorgan Nasdaq Eqty Prem Inc ETF (JEPQ) [+]		Magellan Midstream Partners, LP (MMP) [C]			
	AT&T Inc. (T) [+]	FA	SEI Investments Company (SEIC) [C]			
FA	Texas Roadhouse, Inc. (TXRH)		Lockheed Martin Corp. (LMT) [C]			
	Diamondback Energy, Inc. (FANG) [+]		Raytheon Technologies Corp (RTX) [C]			
	Citizens Financial Group, Inc. (CFG)		Apple, Inc. (AAPL) [-]			
	KeyCorp (KEY) [+, new]		Broadcom, Inc. (AVGO) [C]			
	Truist Financial Corp. (TFC) [+]		Consolidated Edison, Inc. (ED) [C]			
	Apple, Inc. (AAPL) [+]					
	Microsoft Corp. (MSFT) [+]	THI	NKING ABOUT			
	Nvidia Corp. (NVDA) [+]					
	Linde plc (LIN)					

Buy & Sell List - w/e 05/19/23 (2 of 2)

BUY		SELL		
	Fidelity® Blue Chip Growth Fund (FBGRX)		Fidelity® Floating Rate High Inc Fund (FFRHX)	
	Fidelity® Low-Priced Stock Fund (FLPSX)		Fidelity® Mega Cap Stock Fund (FGRTX)	
	Fidelity® Mid-Cap Stock Fund (FMCSX)		Fidelity® International Growth Fund (FIGFX)	
	Fidelity® Short Duration High Inc Fund (FSAHX)		Fidelity® Real Estate Inv Portfolio (FRESX)	
	Fidelity® U.S. Bond Index Fund (FXNAX)		Fidelity® Select Utilities Portfolio (FSUTX)	
	 5.050% 18 mo CD (Fidelity) 5.100% 12 mo CD (Morgan Stanley) 		Fidelity® Total Bond Fund (FTBFX)	
	 5.100% 12 mo CD (Morgan Stanley) 5.100% 18 mo CD (Morgan Stanley) 5.200% 12 mo CD (Vanguard) 		Fidelity® Focused Stock Fund (FTQGX)	
	• 5.302% 3 mo CD (Schwab)			

THINKING ABOUT

Walt Disney Co. (DIS)	The Boeing Company (BA)
Verizon Communications Inc. (VZ)	Caterpillar (CAT)
Chevron Corp. (CVX)	3M Company (MMM)
Tractor Supply Company (TSCO)	

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

[C] Close

Buy & Sell List – Week Ending 05/12/23

BUY		SELL		
	KeyCorp (KEY)	FA	T. Rowe Price Group (TROW) [C]	
	Truist Financial Corp. (TFC) [+]		Bristol-Myers Squibb (BMY) [C]	
	U.S. Bancorp (USB) [+]		Lockheed Martin Corp. (LMT) [-]	
	Otter Tail Corporation (OTTR)		Standex International Corporation (SXI) [C]	
	5.050% CD 11 mo (Morgan Stanley)			
	5.150% CD 3 mo, 6 mo (Morgan Stanley)			
	5.198% CD 3 mo (Schwab)			
	4.600% Money Market (Morgan Stanley)			
		THI	NKING ABOUT	
			Selective Insurance Group, Inc. (SIGI)	

Buy & Sell List – Week Ending 05/05/23

BUY		SELL		
	JPMorgan Equity Prem Inc ETF (JEPI) [+]		Crown Castle International Corp. (CCI) [C]	
	(or) JPMorgan Equity Prem Inc Fnd Inst (JEPIX) [+]		SPDR Blackstone Senior Loan ETF (SRLN) [C]	
	Diamondback Energy, Inc. (FANG) [+]		Schwab Val Advantage Money Fd (SWVXX) [-]	
	Citizens Financial Group, Inc. (CFG) [+]		Lancaster Colony Corp. (LANC) [C]	
	KeyCorp (KEY)		Merck & Co., Inc. (MRK) [-]	
	PacWest Bancorp (PACW) [+]		Lockheed Martin Corp. (LMT) [-]	
	Truist Financial Corp. (TFC) [+] [X2]		Broadcom, Inc. (AVGO) [-]	
	U.S. Bancorp (USB) [+]			
	5.050% 6 mo CD (Fidelity)			
		TH	INKING ABOUT	

Buy & Sell list – week ending 04/28/23

BU	Υ	SELL		
	Fidelity Lrg Cap Grwth Enh Index Fd (FLGEX) [+]		Iron Mountain Inc. (IRM) [-]	
	JPMorgan Nasdaq Eqty Prem Inc ETF (JEPQ) [+]		McDonald's Corp. (MCD) [-]	
	Visa, Inc. (V)		Viper Energy Partners LP (VNOM) [C]	
	Devon Energy Corp. (DVN) [+]		Eli Lilly and Co. (LLY) [C]	
	Enterprise Products Partners L.P. (EPD)		Merck & Co., Inc. (MRK) [-]	
	Pioneer Natural Resources Co. (PXD) [+]		Lockheed Martin Corp. (LMT) [-]	
	Ares Capital Corp. (ARCC) [+]		Raytheon Technologies Corp (RTX) [-]	
	U.S. Bancorp (USB) [+]		Analog Devices, Inc. (ADI) [C]	
FA	Analog Devices, Inc. (ADI)			
	CDs: • 4.550% 3 yr (Schwab)	TH	IINKING ABOUT	
	4.800% 2 yr (Schwab)5.000% 6 mo (Schwab)		KeyCorp (KEY)	
	5.000% 1 yr (Broker)5.000% 18 mo (Vanguard)		Graco Inc. (GGG)	
	5.050% 15 mo (Fidelity)5.100% 1 yr (Schwab)			

Buy & Sell list – week ending 04/21/23

BU	BUY		SELL		
	JPMorgan Nasdaq Eqty Prem Inc ETF (JEPQ) [+]		D.R. Horton, Inc. (DHI) [C]		
	Schwab Val Advantage Money Fd (SWVXX) [+]		PulteGroup, Inc. (PHM) [C]		
	AT&T Inc. (T) [+]		Arthur J. Gallagher & Co. (AJG) [C]		
	Devon Energy Corp. (DVN) [+]		Stryker Corp. (SYK) [C]		
	Diamondback Energy, Inc. (FANG)		MSC Industrial Direct Co., Inc. (MSM) [-]		
	Pioneer Natural Resources Co. (PXD) [+]		Raytheon Technologies Corp (RTX) [-]		
	Citizens Financial Group, Inc. (CFG) [+]		Pinnacle West Capital Corp. (PNW) [C]		
	U.S. Bancorp (USB) [+]				
	4.950% CD 6 mo (Schwab)				
	5.000% CD 1 yr (Fidelity)	TH	INKING ABOUT		
	5.011% CD 6 mo (Schwab)				
	5.050% CD 15 mo (Arlington Community FCU)				
	5.063% CD 1 mo (Schwab)				

Representative Screeners

- **FinViz**
- Simply Safe Dividends
- Schwab
- Morningstar
- ValueLine
- ETF.com
- ETFDB.com
- Seeking Alpha

Fundamentals vs. Technicals

- Forum interest in looking further at fundamentals where and when appropriate.
- Fundamental analysis: a method of evaluating stocks by attempting to measure intrinsic value of a stock. ("Price is what you pay, value is what you get.")
 - Fundamentals domain: everything from overall economy and industry conditions to financial condition and corporate management.
 - Earnings, sales, expenses, assets, debt, liabilities, etc. are all important to fundamental analysis.
- Technical analysis: differs from fundamentals in that a stock's price and volume are the only significant data used and studied.
 - The core <u>assumption</u> is that all known fundamentals are factored into the price, thus there is no need to pay close attention to them.
 - Technicians use stock charts to identify patterns and trends that suggest what a stock may do in the future.
- Both methods are used for researching and forecasting future trends.
- Like any investment strategy, both have their advocates and opponents.

Fundamentals

- Many to choose from, many opinions on which are most important
- Market Capitalization (Small, Mid, Large, Mega)
- Profitable, at a fair value (PE Ratio)
- Sales, Revenues, Profits, Margins
 - Over the longer term, it's difficult for a business to produce attractive returns for investors if it isn't growing its sales and revenues.
- Earnings Growth Rate/Projections
- Free Cash Flow, Total Assets
- Ownership (Funds/Institutions/Insiders)
- Candidate for Buyout or M&A
- Dividends and Dividend Growth History
 - Dividend Grower stocks outperformed the market and achieved this with less volatility (i.e. higher returns with lower risk)
- Payout Ratios (Earnings, Free Cash Flow)
- Debt (Net debt-to-capital ratio, net debt-to-EBITDA ratio)
- Many more . . .

Fundamentals - 1

- Question on the table: Should we spend more time examining Fundamentals vis-à-vis our weekly segment on Buys and Sells?
- Applicable for some stocks, not all. It's not an exact science.
- Three scenarios for discussing Fundamentals in the Forum:
 - 1. (Preferred) Buyer has done their DD to highlight and speak about several key Fundamentals (including qualitative) that led to their Buy.
 - 2. I select one or two listed Buys that I've screened beforehand for several Fundamentals and qualitative indicators that support a Buy decision.
 - 3. We continue taking quick-looks at some standard metrics, analyst ratings, news & commentaries via Morningstar, CFRA, Argus, etc.
- Goals are: highlight the role of Fundamentals (if feasible) in making trade decisions; learn from one another their relevance.
- Also consider the role of Technicals at times for those that use them to support making their Buy or Sell decisions.

Fundamentals - 2

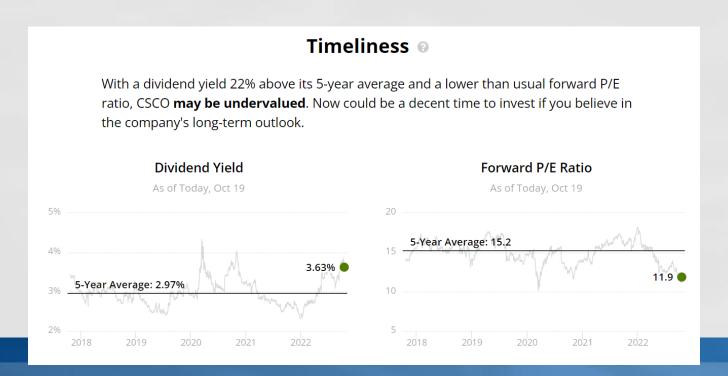
- What are we talking about here, and do we really want to dive into Income Statements, Balance Sheets and Cash Flows of a stock (or can we stay at a high level)?
- Maybe stay at a high level . . .
 - Is the company undervalued, fairly valued, or overvalued?
 - Economic Moat: Narrow, Wide, or No Moat; what threatens the Moat?
 - P/E and Dividends relative to 5 year average?
 - P/E relative to Sector/Industry Peers?
 - Are the company's sales and revenue growing YoY?
 - Is EPS growing YoY; Is Cash flow growing YoY? How is FCF used?
 - EPS growth: previous year, current year, next year, next five years?
 - Return on Equity, Return on Invested Capital, Operating Margin?
 - Debt load (Debt-to-Capital, Debt-to-EBITDA)?
 - Payout Ratios (Earnings, Free Cash Flow)?
- Good news, bad news: earnings reports, guidance, litigations?

Total Return . . . it's how you look at it

- Total Return: price appreciation + dividends
- Total Return: <u>unrealized</u> gains + dividends
- Both are correct!
 - Each gives cash flow in the form of dividends.
 - One gives <u>true</u> Total Return only when you <u>sell</u>.
 - TR varies over time (cyclical or secular trend).
 - Choice: either sell appreciated stock and forfeit future dividends, or . . .
 - Buy-and-hold, add on dips, take dividends, DRIP as you wish, add to your cash flow.
 - One for the long-term investor and one for the short-term investor.

Dividend Yield Theory

- <u>Dividend Yield Theory</u> (DYT) is a lesser-known valuation method that has proven reasonably effective for stable income producing stocks.
- DYT emerged in the 1960s and was popularized by asset manager Investment Quality Trends, known as IQT.
- DYT says for dividend-paying <u>blue-chip stocks</u> (stable business models that don't significantly change over time), <u>dividend yields revert to the mean</u>.



Organic Growth

- No "new" money all growth comes from within
 - Rebalancing
 - "Benner Theorem"
 - Sell/trim holdings use "house money" to shop for value
 - Dividend growth from company, from compounding
 - Selective reinvestment of dividends
 - Invest like you're the CEO of your own business
 - The most important decisions a business owner makes are about allocating capital:

Buy good stocks when they're cheap, to get most dividends for your buck, Sell good stocks when they're expensive, to get most bucks for your dividends.

The Dilemma for Dividend Investors

- Boom years (2021) most equities were overvalued, overbought, with lower dividend yields. Choices were limited and hard to find.
- Bust years (2022) most equities are on sale and oversold, with much higher dividend yields. Choices are numerous.
- Dilemma what to do, what to choose (or do nothing and sit on cash).
- Cheap, quality dividend stocks with good financials, payout ratios, earnings and cashflow are there for the picking – and can be bought using dividends regularly flowing into your account.
- Those who put cash to work during the Great Financial Crisis and the short-lived COVID-19 market crash have, in most cases, been rewarded. (Caveat: it takes some portfolio management to lock in profits, trim appreciated capital and redeploy elsewhere.)
- One strategy some of us have chosen: buy/add in increments, average down cost basis, add to share count, and consequently increase dividend cash flow.
- "Rinse and repeat" use ongoing dividend income stream to fund.
- Grow the portfolio organically from within.

P/E vs P/FFO for REITs

The numbers to look at

A better metric to evaluate equity REITs is funds from operations, or FFO. This starts with a company's net income, but then adds its depreciation expense back in. It also adds in amortization expense and subtracts any gains that result from the sale of property. By doing so, FFO measures the amount of money a REIT is actually bringing in from its business activities.

<u>Take a look</u> at how the P/E and FFO of some of the major equity REITs compare. As <u>you'll</u> see, unlike the P/E ratios, these companies' price-to-FFO ratios are more consistent with what you'd expect from a stock whose primary goal is to generate a predictably growing income stream.

REIT	SYMBOL	EPS (2014)	FFO (2014)	P/E RATIO	PRICE-TO- FFO
Equity Residential	EQR	\$1.73	\$3.15	40.9	22.5
Realty Income	0	\$1.04	\$2.58	43.5	17.5
Health Care REIT	HCN	\$1.45	\$4.13	47.1	16.5
Simon Property Group	SPG	\$4.52	\$8.90	39.0	19.8

NOTE: RATIOS ARE CURRENT AS OF 6/10/15. FIGURES OBTAINED FROM COMPANY FINANCIALS.

How to Assess a Real Estate Investment Trust (REIT) Using FFO/AFFO (investopedia.com)

"Benner Theorem"

From Ludwig Benner's presentation "Knowing When to Sell" March 29, 2017

Benner Theorem

"Track prices, and sell when profit gains far exceed expected dividend returns for your personal time horizon"

Baker Corollary

"Don't get emotionally attached to your profit winners"

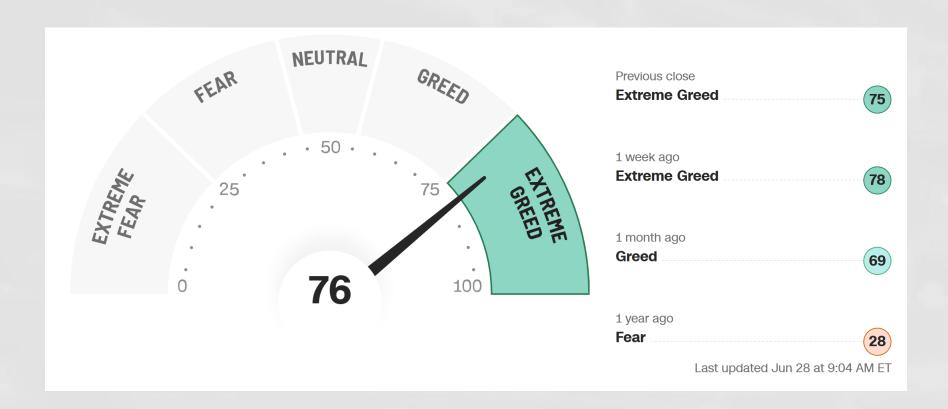
Notes on JEPI

- ☐ JEPI was not designed to outperform the SPX in a rising or bull market.
- JEPI was designed to outperform in sideways and down markets (where we'll be for awhile).
- ☐ JEPI's appeal is it's structured as a low volatility, high quality portfolio that generates monthly income.

Notes on Dividend Portfolio Building

☐ Investing in dividend-paying companies can be a smart
way to build wealth over time.
☐ It's all about finding those companies that have a solid
track record of consistent and reliable dividend payments.
☐ Investing always comes with some level of risk; but with
the right research and strategy, it can definitely pay off in
the long run.

Fear & Greed Index

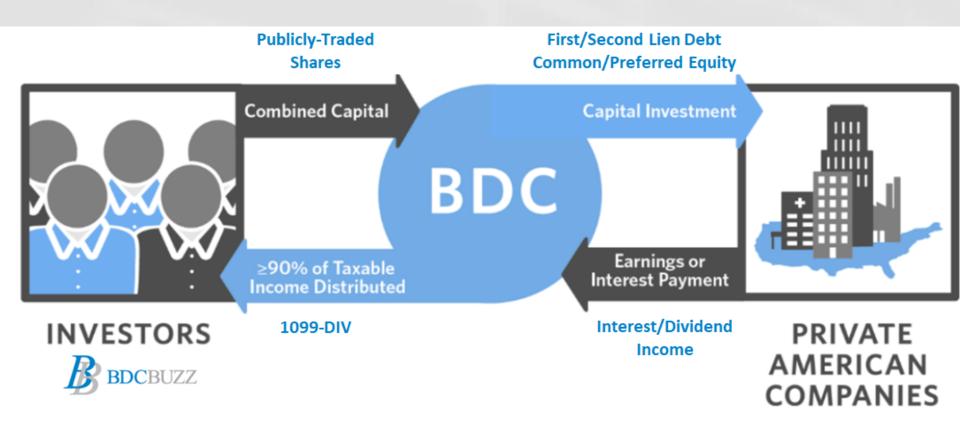


Fear and Greed Index - Investor Sentiment | CNN

Market Capitalization Ranges

Type of Stock	Market Capitalization Range	
Mega cap	More than \$200 billion	
Large cap	\$10 billion to \$200 billion	
Mid cap	\$2 billion to \$10 billion	
Small cap	\$300 million to \$2 billion	
Micro cap	\$50 million to \$300 million	

How a BDC works . . .



Source: www.BDCBuzz.com

THINKING ABOUT?

THINKING ABOUT THINKING ABOUT

Buy, Sell, Thinking About: w/e xx/xx/xx

BUY	BUY		SELL	
		THINKING ABOUT		
	the state of the s	1 1	The second secon	

FA: Financial Advisor Trade

[+] Add

[X2] Two Buys

[-] Trim

[C] Close ₁₀₀

SEC Yield vs TTM Yield

"SEC Yield" reflects the interest the fund earned, minus expenses, over the past 30 days. It's fairer and more accurate calculation of what's current and ahead than is the trailing twelve-month (TTM) yield. With the SEC calculation, we're changing our focus from the back of the car mirror to the road ahead.

~ BNK Invest – Nov 16, 2022

The SEC Yield is an annualized figure based on returns over the most recent 30-day period. Distribution yield, on the other hand, takes the most recent distribution, multiplies it by 12 to get an annualized total, and then divides the result by the current NAV.

~ Investopedia – Dec 01, 2020

Trefis Approach to Valuation: Sum of the Parts & DCF

- <u>Trefis</u> is an interactive financial community structured around trends, forecasts and insights related to some of the most popular stocks in the US.
- Whereas most finance sites simply give you the facts about where a stock has been and what a company has done in the past, Trefis focuses entirely on the future. The price of a stock is determined by what will happen in the future, not what has happened in the past.
- The Trefis approach to valuing companies is based on sum of the parts and discounted cash flow (DCF) analysis. We value each division of a company by discounting the projected cash flows over our forecast period and the cash flows expected beyond. The projected cash flows are driven by our individual forecasts for the key operating metrics of each division. We then sum the individual divisional valuations to determine the Trefis company-wide valuation and calculate the resulting price per share.

Relative Strength Index (RSI)

- The RSI is displayed as a (line graph) oscillator on a scale of 0 to 100.
 The indicator was developed by J. Welles Wilder Jr. and introduced in his 1978 book "New Concepts in Technical Trading Systems."
- As a momentum indicator, <u>RSI measures the velocity of price</u> <u>movements</u>, i.e. how quickly traders are bidding the price of a security up or down.
- Rapid price advances result in <u>overbought</u> situations, and rapid price declines result in <u>oversold</u> situations.
- The RSI plots this result on its scale of 0 to 100. Readings below 30 generally indicate that the stock is oversold, while readings above 70 indicate that it is overbought.
- The RSI line crossing below the overbought line or above oversold line is often seen by traders as a signal to buy or sell, but may also signify that the stock (and the market) will consolidate.
- RSI Indicator: Meaning & Calculation (primer on the RSI)

Relative Strength Index (RSI) - Example



Bollinger Bands®

- Bollinger Bands[®] is a technical analysis tool to generate oversold or overbought signals and was developed by John Bollinger.
- Three lines compose Bollinger Bands®: A simple moving average (typically 20-day) middle band, and an upper and lower band.
- The upper and lower bands are typically 2 standard deviations +/from the middle band, and can be modified.
- When the price continually touches the upper Bollinger Band[®], it can indicate an overbought signal.
- If the price continually touches the lower band it can indicate an oversold signal.
- Often used in conjunction with the Relative Strength Index (RSI).
- Ref. "The Basics of Bollinger Bands®" https://www.investopedia.com/articles/technical/102201.asp

Bollinger Bands – Examples



Average Directional Index Rating (ADXR)

- ADXR is a smoothed out version of a regular ADX curve.
 - It is calculated as arithmetical mean of the ADX and its value several bars before (typically 14).
 - ADXR is a lagging indicator that acts as an averaged ADX.
 - In terms of trending signals, the ADXR will always generate them after the ADX.
- Some interpret the system to mean that a buy signal is generated when ADX rises above ADXR.
- And a sell signal might be interpreted when ADX falls below ADXR if at a point where both (or just the ADX) are at 25 or higher.
- ADXR interpretation is essentially equal to that of the ADX.
 - A higher value corresponds to a stronger trend.
 - Using the ADX in conjunction with the ADXR by making them both align will produce more conservative, but potentially more accurate, trading signals.
 - Readings of 25 or greater on each indicator are commonly taken as a subjective indication that price has sufficient momentum to indicate a trend worth trading.
 - Readings below 25 may be an indication that trend-following strategies should be avoided.

R-Squared and Beta vs Benchmark Index

- In investing, R-squared is generally interpreted as the percentage of a fund's or security's price movements that can be explained by movements in a <u>benchmark</u> index.
- R-squared is measured on a scale between 0 and 100; the higher the R-squared number, the more correlated the asset is to its benchmark.
- Beta measures the volatility of an asset compared to its benchmark.
- A mutual fund with a beta of 1.0 is exactly as sensitive, or volatile, as its benchmark, whereas a fund with a beta of 1.20 is 20% more sensitive or volatile.

ThinkOrSwim Yield Calculation

- TOS yield is annualized based on most recent amount and the frequency for dividend payouts.
- e.g. a semiannual dividend will be annualized (X2) to arrive at the Yield, which could be double the true annualized Yield.
- Note ttm Yield vs forward Yield (vs SEC Yield).
- Always check multiple sources for Yields.

Due Diligence from Artificial Intelligence

