

Compendium of Buy, Sell, & Thinking About Lists

for weeks ending
10/31/2025 through 08/14/2026

Lou Coglianesse & Bob Baker

08/19/2026

OLLI-GMU Investment Forum

Buy

BUY w/e 07/31		BUY w/e 08/07		BUY w/e 08/14	
	Main Street Capital Corp. (MAIN) [+]		Vanguard PRIMECAP Fund – Admiral (VPMAX) [+]		Intuitive Machines, Inc. (LUNR) [N]
	Hercules Capital, Inc. (HTGC) [+]		Vanguard Int-Trm Tax-Ext Fund – Admiral (VWIUX) [+]		Space Exploration Technologies Corp. (SPCX) [N]
	YieldMax Semi Portf Option Inc ETF (CHPY) [+]		NEOS Russell 2000 High Income ETF (IWMI) [+]		YieldMax Semi Port Option Inc ETF (CHPY) [+][X2]
			Fidelity Large Cap Stock Fund (FLCSX)		YieldMax Mag 7 Fund of Option Inc ETFs (YMAG) [N]
			Amazon.com, Inc. (AMZN) [+]		PGIM AAA CLO ETF (PAAA) [+]
			NEOS MLP & Energy Infra High Income ETF (MLPI) [+]		Vanguard US Multifactor ETF (VFMF) [N]
			Trinity Capital, Inc. (TRIN) [+]	FA	4.625% U.S. Treasury Note, 05/31/2031
			YieldMax Semicon Portf Option Income ETF (CHPY) [+]		

Sell

SELL w/e 07/31		SELL w/e 08/07		SELL w/e 08/14	
	Micron Technology, Inc. (MU) [C]		Vanguard Int-Trm Corp Bond Idx Fund – ETF (VCIT) [C]		Fidelity Select Telecom and Utilities Fund (FIUIX) [-]
	Sandisk, Corp. (SNDK) [C]		Vanguard 500 Index Fund–ETF (VOO) [-]		MP Materials Corp. (MP) [C]
	JPM Nasdaq Eqt Prem Inc ETF (JEPQ) [-]		McDonald's Corp. (MCD) [C]		JPMorgan Nasdaq Equity Prem Inc ETF (JEPQ) [-]
	Alphabet, Inc. (GOOGL) [-]		Vanguard Dividend Growth Fund – Inv (VDIGX) [C]		NVIDIA Corp. (NVDA) [-]
			Tractor Supply Company (TSCO) [C]		iShares MSCI China ETF (MCHI) [C]
			1,000 Bu Corn in the field		

Thinking About

THINKING-ABOUT w/e 07/31		THINKING-ABOUT w/e 08/07		THINKING-ABOUT w/e 08/14	
	Nebius Group, N.V. (NBIS)		Vanguard Int'l Core Stk Fd—Adm (VZICX)		Intuitive Machines, Inc. (LUNR)
	Bloom Energy Corp. (BE)		Vanguard US Multifactor ETF (VFMF)		
			Intuitive Machines, Inc. (LUNR)		

Buy, Sell, Thinking About: w/e 08/14/26

BUY		SELL	
	Intuitive Machines, Inc. (LUNR) [N]		iShares MSCI China ETF (MCHI) [C]
	Space Exploration Technologies Corp. (SPCX) [N]		
	YieldMax Semi Port Option Inc ETF (CHPY) [+] [X2]		
	YieldMax Mag 7 Fund of Option Inc ETFs (YMAG) [N]		
	PGIM AAA CLO ETF (PAAA) [N]		
	Vanguard US Multifactor ETF (VFMF) [N]		
FA	4.625% U.S. Treasury Note, 05/31/2031		
SELL		THINKING ABOUT	
	Fidelity Select Telecom and Utilities Fund (FIUIX) [-]		Intuitive Machines, Inc. (LUNR)
	MP Materials Corp. (MP) [C]		
	JPMorgan Nasdaq Equity Prem Inc ETF (JEPQ) [-]		
	NVIDIA Corp. (NVDA) [-]		

Buy, Sell, Thinking About: w/e 08/07/26

BUY		SELL	
	Vanguard PRIMECAP Fund – Admiral (VPMAX) [+]		Tractor Supply Company (TSCO) [C]
	Vanguard Int-Trm Tax-Ext Fund – Admiral (VWIUX) [+]		1,000 Bu Corn in the field
	NEOS Russell 2000 High Income ETF (IWMI) [+]		
	Fidelity Large Cap Stock Fund (FLCSX)		
	Amazon.com, Inc. (AMZN) [+]		
	NEOS MLP & Energy Infra High Income ETF (MLPI) [+]		
	Trinity Capital, Inc. (TRIN) [+]		
	YieldMax Semicon Portf Option Income ETF (CHPY) [+]		
SELL		THINKING ABOUT	
	Vanguard Int-Trm Corp Bond Idx Fund – ETF (VCIT) [C]		Vanguard Int'l Core Stk Fd–Adm (VZICX)
	Vanguard 500 Index Fund – ETF (VOO) [-]		Vanguard US Multifactor ETF (VFMF)
	McDonald's Corp. (MCD) [C]		Intuitive Machines, Inc. (LUNR)
	Vanguard Dividend Growth Fund – Inv (VDIGX) [C]		

Buy, Sell, Thinking About: w/e 07/31/26

BUY		BUY	
	Main Street Capital Corp. (MAIN) [+]		
	Hercules Capital, Inc. (HTGC) [+]		
	YieldMax Semi Portf Option Inc ETF (CHPY) [+]		
		SELL	
			Micron Technology, Inc. (MU) [C]
			Sandisk, Corp. (SNDK) [C]
			JP Mrgn NASDAQ Eqt Prem Inc ETF (JEPQ) [-]
			Alphabet, Inc. (GOOGL) [-]
		THINKING ABOUT	
			Nebius Group, N.V. (NBIS)
			Bloom Energy Corp. (BE)

Buy, Sell, Thinking About: w/e 07/24/26

BUY		BUY	
	IREN Limited (IREN) [N]		Broadridge Fin'l Bond 4.9081% YTM 12/01/29
FA	Vanguard Devel Mkts Index Fund ETF (VEA) [+]		Delta Air Lines Bond 4.8679% YTM 10/28/29
	Vanguard Inter-Term Tax-Expt Fund (VWIUX) [N]		Toll Brothers Bond 4.7739% YTM 11/01/20
	Micron Technology, Inc. (MU) [X3]		3-month Treasury Bill
	Sandisk Corp. (SNDK) [N] [GTC order]	SELL	
	NEOS Russell 2000 High Income ETF (IWMI) [X2]		Safety Ins Group (SAFT) [C]
	YieldMax Semi Portf Option Inc ETF (CHPY) [N]		Invesco S&P 500 Momentum ETF (SPMO) [-]
FA	Fidelity Select Energy Portfolio (FSENX) [N]		Tema Space Innovators ETF (NASA) [C]
	Taiwan Semiconductor (TSM) [GTC order]		CareTrust REIT, Inc. (CTRE) [-]
	Abbott Labs (ABT) [N]	FA	Fidelity Sel Cons Discr Portfolio (FSCPX) [C]
	Marvell Technology (MRVL) [N]	THINKING ABOUT	
	Rocket Companies, Inc. (RKT) [+]		Vanguard PRIMECAP Fund (VPMAX) [+]
	UniCredit S.p.A. (UNCRY) [+]		YieldMax Semi Portf Option Inc ETF (CHPY)

Buy, Sell, Thinking About: w/e 07/17/26

BUY		SELL	
	Nebius Group N.V (NBIS) [N]		Caretrust REIT Inc. (CTRE) [-]
	Accenture PLC (ACN) [N]		Abbvie Inc. (ABBV) [-]
	Main Street Capital (MAIN) [N]		U.S. Bancorp (USB) [-]
	GS Nasdaq 100 Prem Income ETF (GPIQ) [+]		Regions Financial (RF) [-]
	GS S&P 500 Premium Income ETF (GPIX) [+]		KeyCorp (KEY) [-]
	Vici Properties Inc. (VICI) [+]		
	NEOS Russell 2000 High Income ETF (IWMI) [+]		
SELL		THINKING ABOUT	
	Meta Platforms Inc. (META) [-]		Nebius Group N.V (NBIS)
	Alphabet Inc. (GOOGL) [-]		Accenture PLC (ACN)
	Navigator Holdings Ltd (NVGS) [-]		Four Corners Property Trust (FCPT)
	Petrobras (PBR) [C]		

Buy, Sell, & Thinking About for WE 07/10/2026		OLLI-GMU Investment Forum, 07/15/2026	
Buy		Sell	
Broadcom Inc. (AVGO)		SPDR S&P 500 ETF Trust (SPY) [-]	
Pacer US Cash Cows 100 ETF (COWZ) [+]			
Pacer Global Cash Cows Dividend ETF (GCOW) [+]			
iShares Russell 2000 ETF (IWM) [+]		Wells Fargo & Company 4.75% Preferred Stock (WFCPRZ) [C]	
Flaherty & Crumrine Preferred and Income Securities Fund (FFC) [+]			
Thornburg Income Builder Opportunities Trust (TBLD) [+]			
Vanguard Value ETF (VTV) [+] [2]		Victory Sycamore Established Value Fund (VEVIX) [-]	
Vanguard Total International Stock ETF (VXUS) [N]		Vanguard Industrials ETF (VIS) [C]	
Vanguard Momentum Factor ETF (VFMO) [N]		Vanguard Health Care ETF (VHT) [C]	
		Small Inherited Positions (CTAS,NEE,CL,COST,MCD,PH,MSFT,EFA)	
NEOS MLP & Energy Infrastructure High Income ETF (MLPI) [N]		JPMorgan Nasdaq Equity Premium Income ETF (JEPQ) [C]	
NEOS Russell 2000 High Income ETF (IWMI) [N]			
		Soybeans from storage	
		Thinking About	
		Roundhill Memory ETF (DRAM)	
		Main Street Capital Corp (MAIN)	
		NEOS MLP & Energy Infrastructure High Income ETF (MLPI)	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 07/03/2026		OLLI-GMU Investment Forum, 07/08/2026	
Buy		Sell	
Citigroup Inc. (C)		1,000 bu Corn (Corn Futures)	
iShares Expanded Tech-Software Sector ETF (IGV) [+]		Freedom 100 Emerging Markets ETF (FRDM) [-]	
A.P. Møller - Mærsk A/S (AMKBY) [+]		Eli Lilly and Company (LLY) [-]	
Banc of California, Inc. (BANC) [+]			
UBS Group AG (UBS) [+]			
Vistra Corp. (VST) [+]			
Bond: Energy Transfer LP 4.5513% 07/01/2029			
Bond: Las Vegas Sands Corp. 4.9886% 08/08/2029			
Bond: Oracle Corporation 5.1250% 11/09/2029		Janus Henderson Detroit Street Trust AAA CLO ETF (JAAA) [-]	
Bond: 5-Year 4.375% U.S. Treasury Note [FA]		PGIM AAA CLO ETF (PAAA) [-]	
		Thinking About	
		Chipotle Mexican Grill (CMG)	
		Baron Emerging Markets (BEXFX)	
		Fidelity international Growth (FIGFX)	
		NEOS MLP & Energy Infrastructure High Income ETF (MLPI)	
		Roche (RHBBY)[+]	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 06/26/2026		OLLI-GMU Investment Forum, 07/01/2026	
Buy		Sell	
CVS Health Corporation (CVS) [+]			
Vertiv Holdings Co (VRT) [N]			
NVIDIA Corporation (NVDA) [N]		Vanguard Total Bond Market ETF (BND) [C]	
Petróleo Brasileiro S.A. - Petrobras (PBR) [N]			
PGIM AAA CLO ETF (PAAA) [N]			
T. Rowe Price Intermediate Municipal Income ETF (TAXE) [+]			
Vanguard Tax-Exempt Bond ETF (VTEB) [+]			
Consumer Staples Select Sector SPDR Fund (XLP) [N]		Invesco QQQ Trust (QQQ) [C]	
		Invesco NASDAQ 100 ETF (QQQM) [C]	
Krystal Biotech (KRYA) [N]		Vanguard Intermediate Corp Bond (VCIT) [-]	
Goldman Sachs Nasdaq-100 Core Income ETF (GPIQ) [+]		Altria Group Inc. (MO) [C]	
VICI Properties Inc. (VICI) [+]		Simon Property Group Inc. (SPG) [-]	
Hercules Capital Inc. (HTGC) [+]		AbbVie Inc. (ABBV) [-]	
4-year C.D. 4.3% [FA]		Cognizant Technology Solutions (CTSH) [-][FA]	
5-year C.D. 4.35% [FA]			
Vanguard PRIMECAP Fund (VPMAX) [+]		Vanguard Total World Stock ETF (VT) [C]	
Vanguard Value ETF (VTV) [+]			
Vanguard International Core Stock Fund (VZICX) [+]			
		Thinking About	
		ARK Space & Defense Innovation ETF (ARKX)	
		Vanguard Intermediate-Term Corporate Bond ETF (VCIT) [-]	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 06/19/2026		OLLI-GMU Investment Forum, 06/24/2026	
Buy		Sell	
Health Care Select Sector SPDR Fund (XLV) [N]		NEOS Nasdaq 100 Hedged Equity Income ETF (QQQI) [C]	
Consumer Staples Select Sector SPDR Fund (XLP) [N]		Amazon.com, Inc. (AMZN) [C]	
iShares Core MSCI Total International Stock ETF (IXUS) [+]		Intel Corporation (INTC) [C]	
iShares Core S&P Mid-Cap ETF (IJH) [+]			
PGIM AAA CLO ETF (PAAA) [N]		PGIM AAA CLO ETF (PAAA) [C]	
Space Exploration Technologies Corp (SPCX) [N]			
TEMA ETF Trust Space Innovation ETF (NASA) [N]		GM 4.35% bond, mature 1/17/2027	
Vanguard PRIMECAP (VPMAX)			
Vanguard S&P 500 (VOO)			
Advanced Micro Devices, Inc. (AMD) [+]		Taiwan Semiconductor Manufacturing Company Limited (TSM) [-]	
Microsoft Corporation (MSFT) [+]		Gilead Sciences, Inc. (GILD) [-]	
Pfizer Inc. (PFE) [+]			
Ares Capital Corporation (ARCC) [+]			
VICI Properties Inc. (VICI) [+]			
iShares MSCI India ETF (INDA) [+]			
NextEra Energy, Inc. (NEE) [N]			
T. Rowe Price Intermediate Municipal Income ETF (TAXE) [N]			
Marsh & McLennan Companies, Inc. (MRSH) [N]		Abbott Laboratories (ABT) [C]	
Marvell Technology, Inc. (MRVL) [N]		Marvell Technology, Inc. (MRVL) [C]	
Zoetis Inc. (ZTS) [N]			
Host Hotels & Resorts, Inc. Bond 12/15/2029 4.75% YTM [N]			
Southwest Airlines Co. Bond 11/15/2028 4.79% YTM [N]			
Roper Technologies, Inc. Bond 09/15/2029 4.58% YTM [N]		400 Bu Corn (in the ground)	
		Thinking About	
		Invesco QQQ Trust (QQQ) [-]	
		Invesco NASDAQ 100 ETF (QQQM) [-]	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 06/12/2026		OLLI-GMU Investment Forum, 06/17/2026	
Buy		Sell	
NextEra Energy (NEE) [+]			
PGIM AAA CLO ETF (PAAA) [+]			
Defiance Daily 2X SpaceX ETF (SPCX) [N]			
Space Exploration Technologies Corp. (SPCX) [N]			
Ares Capital Corporation (ARCC) [+]		Kimco Realty Corp. (KIM) [C]	
Amcor plc (AMCR) [+]			
Goldman Sachs Nasdaq-100 Income ETF (GPIQ) [+]			
		Vanguard Short-Term Investment-Grade Fund (VFSUX)	
		Vanguard Intermediate-Grade Fund (VFIDX) [-]	
Petróleo Brasileiro S.A. (PBR.A) [N]			
		400 Bu Corn (in the ground)	
		Thinking About	
		Defiance Daily 2X SpaceX ETF (SPCX)	
		Watching the impact of SPCX on index funds	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 06/05/2026		OLLI-GMU Investment Forum, 06/10/2026	
Buy		Sell	
Walmart (WMT) [N] [FA]		Marvell Technology Inc. (MRVL) [-] [FA]	
PGIM AAA CLO ETF (PAAA)			
Vanguard High-Yield Corporate Fund (VWEAX) [N]			
BillionToOne, Inc. (BLLN) [N]			
		Tema Space Innovators ETF (NASA) [C]	
		SPDR S&P 500 ETF Trust (SPY) [-]	
D-Wave Quantum Inc. (QBTS) [N]			
		Vanguard 500 Index Fund (VFIAX) [-]	
Hercules Capital, Inc. (HTGC) [+]		HASI Sustainable Infrastructure Capital, Inc. (HASI) [-]	
		International Business Machines Corp. (IBM) [-]	
		Broadcom Inc. (AVGO) [-]	
		Thinking About	
		Fed rate hikes (no LT bond purchases planned)	
		Vanguard Growth ETF (VUG)	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 05/29/2026	OLLI-GMU Investment Forum, 06/03/2026
Buy	Sell
Flaherty and Crumrine Preferred and Income Securities (FFC) [+]	Janus Henderson AAA CLO ETF (JAAA) [-]
iShares MSCI South Korea ETF (EWY) [+]	
GPIQ (Goldman Sachs Nasdaq-100 Premium Income ETF) [N]	
CTO (CTO Realty Growth, Inc.) [+]	AVGO (Broadcom Inc.) [-]
HTGC (Hercules Capital Inc.) [+]	AMT (American Tower Corp.) [C]
C (Citigroup Inc.) [+]	Soybeans (in the ground)
VWO (Vanguard FTSE Emerging Markets Index Fund ETF Shares) [+]	
BAC (Bank of America Corp.) [+]	
Fidelity Contra fund (FCNTX) [+]	Uber Technologies Inc (UBER) [C]
	Schwab Growth ETF (SCHG)[C]
Vanguard Europe ETF (VGK) [+]	State Street Emerging Market (SPEM) [C]
Prologis Inc (PLD) [+]	Lithium America Corp (LAC) [C]
	Triology Metals (TMQ) [C]
GPIQ (Goldman Sachs Nasdaq-100 Premium Income ETF) [+]	Global Silver Miners (SIL) [C]
Fidelity Bond Fund (FBND) [N]	iShares Global Infrastructure ETF IGF [C]
three brokered bank CDs for 9/10, 11/30 and 12/03 @ 3.9%	TSCSX (Thrivent Small Cap Stock Fund) [C]
Vanguard International Core Stock (VZICX) [+]	Vanguard Wellington (VWENX) [-]
	Thinking About
	Defiance Quantum ETF (QTUM)
	Poland Republic 5.375% bond, 4/2036, A rated, YTM 5.308%
	Vanguard Intermediate Corp Bond ETF (VCIT)
	AQR Small Cap Multi-Style Fund (QSMNX)
	PONY AI Inc ADR (PONY)
	ATAI AtaiBeckley INC (ATAI)
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members	

Buy, Sell, & Thinking About for WE 05/22/2026		OLLI-GMU Investment Forum, 05/27/2026	
Buy		Sell	
Invesco Variable Rate Preferred ETF (VRP)		Micron (MU) [-]	
Plug Power Inc (PLUG) [N]		Vanguard FTSE Emerging Markets ETF (VWO)	
Temu Space Innovators ETF (NASA) [N]			
Walmart Inc (WMT) [N] [+] [2]			
NextEra Energy Inc (NEE) [N]		Old National Bank bond due 9/2026 [C]	
Microsoft Corp (MSFT) [+]		Kinder Morgan Inc (KMI) [-]	
Amazon.com Inc (AMZN) [+]		Alphabet Inc (GOOGL) [-]	
		Thinking About	
		Paychex Inc (PAYX)	
		Rigetti Computing (RGTI)	
		D-Wave Quantum Inc (QBTS)	
		iShares MSCI South Korea ETF (EWY) [+]	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 05/15/2026		OLLI-GMU Investment Forum, 05/20/2026	
Buy		Sell	
Goldman Sachs Nasdaq-100 Premium Income ETF (GPIQ) [+]		Sixth Street Specialty Lending (TSLX) [C]	
Trinity Capital (TRIN) [+]		Apple Inc (AAPL) [C]	
Amcor PLC (AMCR) [+]		AbbVie Inc (ABBV) [-]	
Hercules Capital (HTGC) [+]			
Ares Capital Corp (ARCC) [+]			
Accenture PLC (ACN) [+]		Canadian National Railway Co (CNI) [C]	
Intel Corp (INTC) [N]		Goldman Sachs BDC Bond (due 2/2026) [C]	
		Ares Capital Bond (due 7/2026) [C]	
US Treasury Bills (30 Day) [+]		iShares Semiconductor ETF (SOXX) [-]	
Exxon Mobil Corp (XOM) [+]		VanEck Semiconductor ETF (SMH) [-]	
Petrobras (PBR) [N]		Phreesia Inc (PHR) [C]	
		Suburban Propane Partners (SPH) [C]	
		Thinking About	
		iShares Semiconductor ETF (SOXX)	
		Accenture (ACN)	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 05/08/2026		OLLI-GMU Investment Forum, 05/13/2026	
Buy		Sell	
CVS Health (CVS) [N]		Vanguard Mid-Cap ETF (VO) [-]	
Avidbank (AVBD) [+]		Vanguard Growth ETF (VUG) [-]	
Intellia Therapeutics (NTLA) [N]			
Krystal Biotech (KRYX) [N]			
AppLovin Corp (APP) [+]		SPDR S&P 500 ETF Trust (SPY) [-]	
Freedom 100 Emerging Markets ETF (FRDM) [+]			
NEOS Nasdaq 100 Hedged Equity Income ETF (QQQI) [+]		Nokia (NOK) [C]	
Hercules Capital (HTGC) [N]		Ripple (XRP) [C]	
		VictoryShares International High Div Volatility Wtd ETF (VISN) [C]	
		Goldman Sachs Nasdaq-100 Core Premium Income ETF (GPIQ) [C]	
Texas Instruments (TXN) [N]		Amphenol Corp (APH) [C]	
		JPMorgan Chase & Co. (JPM) [-]	
		Wells Fargo & Co. (WFC) [-]	
Hercules Capital (HTGC) [+]		Advanced Micro Devices (AMD) [-]	
Trinity Capital (TRIN) [+]		Apple Inc. (AAPL) [-]	
		Alphabet Inc. (GOOGL) [-]	
		Thinking About	
Fiserv Inc. (FISV) Bond 1 July 2029, 4.8984% YTM		NVIDIA (NVDA) [-] & BroadCom (AVGO) [-]	
AutoZone Inc. (AZO) Bond 15 July 2029, 4.5694% YTM.		Global X SuperDividend ETF (SDIV)	
		Invesco Preferred ETF (PGX)	
		Vanguard PRIMECAP Fund (VPMAX) [+]	
		Vanguard International Core Stock Fund (VZICX) [+]	
		Invesco S&P 500 Momentum ETF (SPMO) [+]	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 05/01/2026		OLLI-GMU Investment Forum, 05/06/2026	
Buy		Sell	
Advanced Micro Devices Inc (AMD) [2]		Advanced Micro Devices Inc (AMD) [C] [-]	
Lam Research Corp (LRCX)		Gaming and Leisure Properties Inc (GLPI) [-]	
Taiwan Semiconductor Manufacturing Co (TSM)		Verizon Communications Inc (VZ) [-]	
Hercules Capital Inc (HTGC) [N]			
		Morgan Stanley (MS) [-]	
		GE Vernova (GEV) [-]	
		Wolfspeed Inc (WOLF) [C]	
		Goldman Sachs Nasdaq-100 Premium Income ETF (GPIQ) [C]	
		Vanguard Total Bond Market Index Fund ETF(BND) [-][FA]	
Mondelēz International Inc (MDLZ) [+]		International Paper Co (IP) [C]	
Nucor Corp (NUE) [+]			
Parker-Hannifin Corp (PH) [+]			
EPR Properties (EPR) Bond 4.9% YTM Aug 2029			
Genuine Parts Co (GPC) Bond 5.04% YTM Aug 2029			
Alerian MLP ETF (AMLP) [+]		NVIDIA Corp (NVDA) [-]	
Trinity Capital Inc (TRIN) [+]		Alphabet Inc (GOOGL) [-]	
Hercules Capital Inc (HTGC) [+]			
Ares Capital Corp (ARCC) [+]			
VICI Properties Inc (VICI) [+]			
		Thinking About	
		CVS Health Corp (CVS)	
		HA Sustainable Infrastructure Capital, Inc. (HASI) [-]	
		Invesco S&P 500 Momentum ETF (SPMO)	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 04/24/2026		OLLI-GMU Investment Forum, 04/29/2026	
Buy		Sell	
Wolfspeed, Inc. (WOLF) [N]		GS Nasdaq-100 Core Premium Income ETF (GPIQ) [C]	
PepsiCo, Inc. (PEP) [+] [FA]			
Vanguard S&P 500 ETF (VOO) [+]		Vanguard Federal MMFs	
Vanguard PRIMECAP Fund (VPMCX) [+]			
Vanguard Municipal Money Market (VMSXX) [+]			
PIMCO Income Fund (PIRMX) [N]			
Ultragenyx Pharmaceutical Inc. (RARE) [N]			
Arthur J. Gallagher & Co. (AJG) [N]		American Tower Corp. (AMT) [C]	
Rocket Companies, Inc. (RKT) [+]		Pinnacle West Capital Corp. (PNW) [C]	
		Broadcom Inc. (AVGO) [-]	
		Advanced Micro Devices, Inc. (AMD) [-]	
		Taiwan Semiconductor Mfg. Co. (TSM) [-]	
		Amazon.com, Inc. (AMZN) [-]	
		iShares Core S&P Mid-Cap ETF (IJH) [C]	
Regrets		Thinking About	
Intel Corp. (INTC) [2]		PIMCO Inflation Response Multi-Asset Fund Class A (PZRMX)	
		Trane Technologies PLC	
		Vanguard Municipal MMF @ 3.47% Fed Tax Free	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 04/17/2026		OLLI-GMU Investment Forum, 04/22/2026	
Buy		Sell	
Verizon Communications (VZ) [+]		AT&T Inc. (T) [C]	
CTO Realty Growth (CTO) [+]		MSC Industrial Direct (MSM) [C]	
Ares Capital (ARCC) [+]		Medtronic plc (MDT) [C]	
Amcor plc (AMCR) [+]			
Alpine Income Property Trust (PINE) [N]			
iShares Core MSCI Emerging Markets ETF (IEMG) [+]			
RTX Corporation (RTX) [+]			
Quantum Computing Inc. (QBTS) [N]		Quantum Computing Inc. (QBTS) [C]	
Fannie Mae (FNMA) [+]			
PGIM AAA CLO ETF (PAAA) [+]			
PNC Bank 4-month CD (3.5%) [N]		Vanguard MMKT [-]	
Vanguard Interm-Term Corp Bond ETF (VCIT) [+]		PNC MMKT [-]	
Brokered 3-month CD (3.9%) [N]			
Netflix Inc. (NFLX) [+]		Equinor ASA (EQNR) [-]	
Rocket Companies Inc. (RKT) [N]		Micron Technology Inc. (MU) [C]	
Sysco Corporation (SYY) [+]			
ONEOK Inc. Bond (Maturing 9/1/2029) [N]		Thinking About	
		BlackRock Corporate High Yield Fund (HYT)	
		Intel Corp. (INTC)	
		Vanguard Intermediate-Term Tax-Exempt Fund (VWIUX)	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 04/10/2026		OLLI-GMU Investment Forum, 04/15/2026	
Buy		Sell	
Fannie Mae (FNMA) [N]		Vanguard Financial Sector (VFH) [-]	
Fidelity Contrafund (FCNTX) [N]			
Fidelity Select Industrials (FIDRX) [+]		Fidelity Select Financials (FIDSX) [C]	
Fidelity Select Consumer Staples (FDFAX) [N]			
United Parcel Service, Inc. (UPS) [+]		Sanofi (SNY) [C]	
RTX Corporation (RTX) [N]		AstraZeneca PLC (AZN) [-]	
		Alphabet Inc. (GOOGL) [-]	
Broadcom (AVGO)		Amazon (AMZN) \$200 Puts Expires 12/2028 [N]	
Palantir (PLTR)		Apple (AAPL) \$250, \$260 Puts Expires 1/2028 & 12/2028 [N]	
SiTime (SITM)		Alphabet (GOOGL) \$285 Puts Expires 12/2028 [N]	
		NVIDIA (NVDA) \$180 Puts Expires 12/2028 [N]	
BlackRock Flexible Income ETF (BINC) [N]		Fidelity Strategic Income Fund (FADMX) [C]	
Morgan Stanley Emerging Markets Bond ETF (EDD) [+]			
JPMorgan Equity Premium Income ETF (JPIE) [+]		Thinking About	
PGIM AAA CLO ETF (PAAA) [+]		Omnicom Group (OMC)	
		Fannie Mae (FNMA)	
		Alpine Income Property Trust, Inc. (PINE)	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 04/03/2026		OLLI-GMU Investment Forum, 04/08/2026	
Buy		Sell	
Tesla (TSLA)*			
Hercules Capital (HTGC)*		Alphabet (GOOGL)*	
		Chevron (CVX)*	
Chevron Corp. (CVX) Puts [N]			
Exxon Mobil Corp. (XOM) Puts [N]			
Schwab US Dividend Equity ETF (SCHD) [+]		Vanguard Small Cap (Blend) (VB) [-]	
Vanguard Large Cap Value (VTV) ETF		Exxon Mobil Corp. (XOM) [-]	
NiSource Inc. (NI) [N]			
BondBloxx 10 Year Target Duration US Treasury ETF (XTEN) [N]		Rolls-Royce Holdings plc (RYCEY) [C]	
4.25% T-note due 1-15-28 [N] [FA]		Roche Holding AG (RHHBY) [-]	
		Thinking About	
SPDR S&P 500 ETF Trust (SPY) [+]		Alphabet (GOOGL)	
GS Nasdaq-100 Core Premium Income ETF (GPIQ) [+]		Microsoft (MSFT)	
SPDR Gold Shares (GLD) [+]		Taiwan Semiconductor (TSM)	
Vanguard FTSE Emerging Markets ETF (VWO) [+]			
Freedom 100 Emerging Markets ETF (FRDM) [+]		Boeing (BA)	
United Parcel Service, Inc. (UPS) [N]		Fannie Mae (FNMA)	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members *Trades from prior week			

Buy, Sell, & Thinking About for WE 03/27/2026		OLLI-GMU Investment Forum, 04/01/2026	
Buy		Sell	
Gaming and Leisure Properties, Inc. (GLPI) [N]		GS Nasdaq 100 Core Premium Income ETF (GPIQ) [C]	
Ares Capital Corp (ARCC) [+]		CVS Health Corp (CVS) [C]	
Amazon.com, Inc. (AMZN) [+]			
Vanguard Growth ETF (VUG) [+]			
Fidelity International Index Fund (FSPSX) [N]		Fidelity 500 Index Fund (FXAIX) [C]	
Vanguard Total Intl Bd ETF (BNDX) [N] [FA]		Vanguard FTSE Developed Markets ETF (VEA) [C] [FA]	
Vanguard Intermediate-Term Inv-Gr Fund (VFIDX) [N] [FA]		Service Corporation International (SCI) [C] [FA]	
		Novo Nordisk A/S (NVO) [C] [FA]	
		ProShares Pet Care ETF (PAWZ) [C] [FA]	
Apollo Global Management (APO) [+]		Navigator Holdings Ltd. (NVGS) [-]	
Nu Holdings Ltd. (NU) [+]		CVR Energy, Inc. (CVI) [-]	
Brookfield Corp (BN) [+]		SLB Limited (SLB) [-]	
Equinor ASA (EQNR) [+]		Beacon Financial Corporation (BBT) [C]	
EQT Corporation (EQT) [+]		iShares MSCI India ETF (INDA) [C]	
Kilroy Realty Corp (KRC) Bond 8/2028 4.66%YTM			
Oracle Corp (ORCL) Bond 9/2029 4.59% YTM			
13 FDIC-Insured CDs [N] May & June 2026			
Vanguard Short-Term Corporate Bond ETF (VCSH) [+]		Fidelity Total Bond ETF (FBND) [-]	
		Vanguard Int-Term Corp Bond ETF (VCIT) [-]	
		Thinking About	
		REalloys Inc (ALOY)	
		Schwab U.S. Dividend Equity ETF (SCHD)	
		Vanguard Global Capital Cycles Fund (VGPMX)	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 03/20/2026		OLLI-GMU Investment Forum, 03/25/2026	
Buy		Sell	
iShares MSCI Israel ETF (EIS) [+]			
Realty Income (O) [+]			
Vanguard Int-Term Corp Bond ETF (VCIT) [+]			
AbbVie Inc. (ABBV) [+]		Deutsche Bank AG (DB) [C]	
Cintas Corp. (CTAS) [+]		Webster Financial (WBS) [C]	
Safran SA (SAFRY) [+]			
EQT Corporation Bond 7/15/2028, 4.4434% YTM (BBB)			
VICI Properties (VICI) [+]		Exxon Mobil (XOM) [-]	
GS Nasdaq 100 Core Premium Income ETF (GPIQ) [+]		National Storage Affiliates (NSA) [C]	
VICI Properties (VICI) [N]		FidelitySmall Business ETF (FESM)	
		Gold	
		Thinking About	
		Altria Group (MO) [C]	
		Fidelity MSCI Consumer Staples Index ETF (FSTA)	
		Vanguard Utilities Index Fund ETF Shares (VPU)	
		iShares U.S. Aerospace & Defense ETF (ITA)	
		Fidelity Total Bond ETF (FBND) [-]	
		Vanguard Int-Term Corp Bond ETF (VCIT) [-]	
		Unicredit Bank (UNCRY)	
		BDC Bonds (Goldman & Ares Capital) [C]	
		Vanguard Growth ETF (VUG) [+]	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 03/13/2026		OLLI-GMU Investment Forum, 03/18/2026	
Buy		Sell	
ResMed Inc. (RMD) [+] [FA]			
Bank of America (BAC)		Corn and Soybeans (not yet planted)	
Vanguard FTSE Emerging Markets ETF (VWO)		Vanguard Dividend Growth Fund (VDIGX) [C]	
Goldman Sachs Nasdaq-100 Premium Income ETF (GPIQ) [+]			
Vanguard Intermediate-Term Corporate Bond Index ETF (VCIT) [+]			
Boeing (BA) [N]		NVIDIA Corp. (NVDA) [-]	
Capital Southwest Corporation (CSWC) [+]			
Trinity Capital Inc. (TRIN) [+]			
Ares Capital Corporation (ARCC) [+]			
Apple Federal Credit Union CD 4.1% (70-week, ~16mo)			
Wells Fargo 4.75% Perpetual Preferred Stock, Callable (WFCPRZ)		GE Vernova (GEV) [-]	
Capital One 5.00% Perpetual Preferred Stock, Callable (COFPRI)			
Amazon Com Inc Note, Make Whole, 5/12/2031, YTM 4.3%			
		Thinking About	
		Space X IPO	
		Vanguard Value ETF (VTV) [+]	
		Apple Federal Credit Union CD 4.1% (70-Month)	
		Vivi Properties Inc [+]	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 03/06/2026		OLLI-GMU Investment Forum, 03/11/2026	
Buy		Sell	
Microsoft Corp. (MSFT) [+] [FA]			
Energy Transfer LP (ET)			
Plains All American Pipeline LP (PAA)			
Stevanato Group SpA (STVN)			
iShares Global Infrastructure ETF (IGF) [+]			
Vanguard Value ETF (VTV) [+]			
Vanguard Total International Stock ETF (VXUS) [+]			
SPDR Portfolio Emerging Markets ETF (SPEM) [+]			
Newmont Corporation (NEM) [+]			
Vanguard Industrials ETF (VIS) [+]			
Getty Realty Corp. (GTY) [N]		Goldman Sachs Nasdaq-100 Income ETF (GPIQ) [C]	
Goldman Sachs Nasdaq-100 Income ETF (GPIQ) [+]			
Capital Southwest Corporation (CSWC) [+]		AES Corporation (AES) [C]	
Vanguard S&P 500 ETF (VOO) [+]		SPDR S&P 500 ETF Trust (SPY) [C]	
Goldman Sachs BDC Bond 5.35%, 2/10/29, YTM 5.8%		Blackstone Private Credit Fund Bond 9/10/2030	
		Thinking About	
		Vanguard Intermediate Corp Bond Fund (VCIT)	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 02/27/2026		OLLI-GMU Investment Forum, 03/04/2026/	
Buy		Sell	
Amazon (AMZN) [+] [FA]		Alphabet (GOOGL) [-]	
Broadbridge Finaincail Solutions (BR) [N] [FA]		Roche Holding AG (RHHBY) [FA] [C]	
Vanguard Total Intl Stock fund (VXUS) [+]		Vanguard S&P 500 (VOO) [C]	
Vanguard Europe fund (VGX) [+]		IShares S&P Momentum fund (SPMO) [-]	
Corning (GLW) [N]			
Gilead (GILD) [+]			
IShares MSCE Chile ETF (ECH) [+]			
Invesco Aerospace and Defense ETF (PPA) [N]		Akre Focus ETF (AKRE) [-]	
Lord Abbott Short Duration Hi-Yield bond (LSYAX) [N]		FAM Dividend Focus (FAMEX) [C]	
PIMCO Income Fund (PONAX) [+]			
Vanguard Int'l Equity Developed Markets ETF (VEA) [+]		Vanguard S&P 500 (VOO) [—]	
Vanguard Int'l Equity Emerging Markets ETF (VWO) [+]			
ONEOK Inc (OKE) [+]		Williams Companies Inc (WMB) [C]	
Hercules Capital (HTGC) [+]		Alexandria Real Estate Equities Inc (ARE) [C]	
Nvidia (NVDA) [+]			
Vanguard Total Bond Market Index Fund (BND) [+]		Thinking About	
Vanguard Total International Bond Index Fund (BNDX) [+]		Fidelity International Multifactor ETF (FDEV)	
Fidelity Total Bond ETF (FBND) [+]		Fidelity International High Dividend ETF (FIDI)	
3.701% 6 week T Bill via Treasury Direct			
Blue Owl Technology Financial Corp, 6.70%, 4/20/2029		Novo Nordisk (NVO)	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 02/20/2026		OLLI-GMU Investment Forum, 02/25/2026/	
Buy		Sell	
iShares MSCI Japan ETF (EWF) [+]		RTX Corporation (RTX) [-] [FA]	
PGIM AAA CLO ETF (PAAA) [+]		Janus Detroit Street AAA CLO ETF (JAAA) [-]	
ARK Space & Defense Innovation ETF (ARKX)			
iShares MSCI Emerging Markets ETF (EEM) [+]			
State Street Industrial Select Sector SPDR ETF (XLI) [+]			
Taiwan Semiconductor (TSM) [+]		Apple (AAPL) [-]	
Applied Materials (AMAT) [+]		Microsoft (MSFT) [-]	
Amphenol Corp (APH) [+]		Amazon (AMZN) [-]	
Vale ADR (VALE)) [+]		Google (GOOGL) [-]	
Analog Devices (ADI) [N]		Cisco (CSCO) [C]	
		Advanced Micro Devices (AMD) [C]	
Honeywell (HON) [N]			
HTGC (Hercules Capital) [+][N]			
Getty Realty Corp (GTY) [+]			
		Thinking About	
		Gilead (GILD) [+]	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 02/13/2026		OLLI-GMU Investment Forum, 02/18/2026/	
Buy		Sell	
Hercules Capital (HTGC)		State Street® SPDR® S&P 500® ETF (SPY) [-]	
HTGC (Hercules Capital) [+]		POR (Portland General Electric) [C]	
ARCC (Ares Capital) [+]		CTRE (CareTrust REIT Inc.) [-]	
GPIQ (Goldman Sachs Nasdaq-100 Income ETF) [+]		T (AT&T) [C]	
T Rowe Price QM US Bond (TAGG) [N]		T Rowe Price Health Sciences (THISX) [-]	
T Rowe Price US High Yield (THYF) [N]		T Rowe Price Science and Technology (TSNIX) [-]	
T Rowe Price Total Return (TOTR) [N]		T Rowe Price Blue Chip Growth (TBCIX) [-]	
Vanguard Total Bond Market ETF (BND) [+]		T Rowe Price Short Term Bond Fund (TBSIX) [-]	
Vanguard S&P 500 (VOO) [+]			
Vanguard PRIMECAP (VPMCX) [+]			
Vanguard International Core Stock (VZICX) [+]			
Vanguard Value ETF (VTV) [+]			
American International Group Inc. (AIG) [+]			
iShares Gold Trust (IAU) [+]			
Micron Technology Inc (MU) [N]			
Rockwell Automation Inc. (ROK) [N]			
CNO Financial Group Inc. 30/5/2029 4.6268% YTM		ICahn Enterprise bond, 5.25%, due 5/15/2027 (BB rated,)	
U.S.Treasury 21/4/2026 3.6184% YTM		1,000 bu Corn and 200 bu. Soybeans	
		Thinking About	
		International stock ETFs	
		Using more alerts	
		Vanguard Growth ETF (VUG)	
Legend: [+]		[#]	
Add [-]		number of members	
Trim [C]			
Close [N]			
New [FA]			
Financial Advisor			

Buy, Sell, & Thinking About for WE 02/06/2026		OLLI-GMU Investment Forum, 02/11/2026	
Pg 1 of 2			
Buy		Sell	
Vanguard International Core Stock (VZICX) [N]		Louisiana-Pacific Corp (LPX) [-]	
AbbVie Inc. (ABBV) [N] [FA]		Abbott Labs (ABT) [FA]	
Pfizer (PFE) [N] [FA]		Stryker (SYK) [FA]	
Novartis (NVS) [+] [FA]		Adobe (ADBE) [FA]	
Palantir (PLTR) [+]		Unicredit S.P.A. (UNCRY) [-]	
iShares MSCI Mexico ETF (EWW) [+]		Gold (old jewelry)	
iShares MSCI Brazil ETF (EWZ) [+]			
Avidbank (AVBH) [N]			
Ares Capital BDC (ARCC) [+]		Blue Owl BDC (OBDC) [C]	
Amazon (AMZN) [+]		Warner-Discovery (WBD) [C]	
Goldman Sachs Income (GPIQ) [+]		Versant (VSNT) [C]	
Amazon.com Inc. (AMZN) [+]		Hershey Company (HSY) [-]	
Amphenol Corporation (APH) [N]			
Boston Scientific Corporation (BSX) [+]			
Cal Maine Foods, Inc.(CALM) [N]			
Cadence Design Systems Inc.(CDNS) [+]			
iShares MSCI India ETF (INDA) [+]			
iShares U.S. Aerospace and Defense ETF (ITA)			
Palo Alto Networks (PANW) [+]			
iShares Preferred and Income Securities ETF (PFF)			
Uber Technologies Inc. (UBER)			
		Thinking About	
Vanguard S&P 500 (VOO) [+]		Vanguard International Core Stock (VZICX)	
		Vanguard Value ETF (VTV)	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell for WE 02/06/2026		OLLI-GMU Investment Forum, 02/11/2026
Pg 2 of 2 Fixed Income		
Buy		Sell
Vanguard Short Term Corporate Bond [+]		BlackRock Income Fund (BMSAX) [C]
PGIM Trust AAA CLO [+]		
Morgan Stanley Emerging Markets (EDD) [+]		
JP Morgan Income ETF (JPIE) [+]		
First Trust Low Duration Opportunities ETF (LBMS) [N]		
BMO CD 3/2/26 4.75%, YTM 4.017%		
Morgan Stanley Private Bank, 2/4/31, 3.9%, YTM 4.011%		
		Thinking About
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members		

Buy, Sell, & Thinking About for WE 01/30/2026

OLLI-GMU Investment Forum, 02/04/2026

Page 1 of 2

Buy

Microsoft (MSFT) [+] [2]

Tesla (TSLA) [+]

GE Vernova (GEV) [N]

NBIS Group (NBIS) [N]

IREN Limited (IREN) [N]

American International Group Inc [N]

Boston Scientific Corporation [N]

Airbus SE [+]

Moelis and Company [+]

UBS Group AG [+]

Sell

Northrop (NOC)

Vanguard Total Stock Market. (VTSAX) [-]

Service Now (NOW) [C]

Oracle (ORCL) [C]

Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members

Buy, Sell, & Thinking About for WE 01/30/2026		OLLI-GMU Investment Forum, 02/04/2026	
Page 2 of 2			
Buy		Sell	
Redwire Corp (RDW)		iShares Silver Trust (SLV) [-]	
Vanguard Materials (VAW)		SPDR Gold Shares (GLD) [C]	
Vale S.A. Spons ADS (VALE) [N]			
Whitefiber Inc (WYFI) [N]			
Sprott Junior Copper Miners ETF (COPJ) [+]			
Goldman Sachs Income (GPIQ) [+]			
Vanguard International Core Stock (VZICX) [+]		Vanguard Wellington (VWENX) [-]	
State Street® Industrial Select Sector SPDR ETF (XLI) [N]			
iShares Core MSCI Emerging Markets ETF (EEM)			
Vanguard Total International (VXUS) [+]			
Vanguard Int'l Equity Emerging Markets ETF (VWO) [+] [N]		1,000 bu corn and 200 bu soybeans	
iShares MSCI Israel (EIS)			
Select STOXX Europe Aerospace & Defense (EUAD)			
Fidelity Total Bond ETF (FBND) [+]		Schwab U.S. Dividend Equity ETF (SCHD) [C] [-]	
PIMCO Enhanced Short Maturity Active ETF (MINT) [N]			
Vanguard Ultra-Short Treasury ETF (VGUS)			
		Thinking About	
Amcor PLC, 23 May 2029, 4.3026%YTM		Amazon [Sell]	
Morgan Stanley Direct Lending Fund, 5/17/29, 6/1/29 5.0711%YTM		Fidelity International Index Strategy	
TC Energy Corporation, 15 June2029, 4.4875%YTM		Fidelity U.S. Low Volatility Index Strategy	
Enstar Group Limited Bond, 1 June 2029, 4.6037%YTM		iShares GNMA Bond ETF (GNMA)	
		Vanguard Mortgage-Backed Securities Fund ETF (VMBS)	
		iShares MBS ETF (MBB)	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About for WE 01/23/2026		OLLI-GMU Investment Forum, 01/28/2026
Buy		Sell
Vanguard S&P 500 ETF (VOO)		
GE Aerospace (GE) [+]		
Vanguard PRIMECAP fund (VPMCX) [+]		
iShares Core MSCI Emerging Markets ETF (IEMG) [+]		Vanguard S&P 500 ETF VOO) [-]
Cummins Inc. (CMI) [+]		Adobe Inc. (ADBE) [C]
Cintas Corporation (CTAS) [+]		
EQT Corporation (EQT) [+]		
iShares MSCI India ETF (INDA) [+]		
Trinity Capital Inc (TRIN) [+]		Exxon Mobil (XOM) [-]
Pfizer Inc (PFE) [+]		Gilead Sciences Inc (GILD) [-]
Chevron Corp (CVX) [+]		
VICI Properties (VICI) [+]		
ONEOK Inc (OKE) [+]		
Tesla (TSLA) [+]		Northrop (NOC)
		Vanguard Total Stock Market. (VTSAX) [-]
<i>Bonds</i>		
Petroleos Mexicanos, 5.95%, make whole, 1/28/2031, YTM 6.432%		
Highwoods Properties Inc., 16 April 2029, 4.6806% YTM		
Atlassian Corporation, 15 May 2029, 4.4123% YTM		
United States Treasury, 15 November 2027, 3.4671% YTM		Thinking About
United States Treasury, 31 December 2026, 3.5057% YTM		American International Group Inc. (AIG)
Legend: [+]		
Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members		

Buy, Sell, & Thinking About for WE 01/16/2026 1/2 OLLI-GMU Investment Forum, 01/21/2026

Buy	Sell
IShares MSCI Brazil ETF (EWZ)	FactSet Research Systems (FDS) [C]
IShares MSCI Chile ETF (ECH)	Vistance Networks Inc (VISN)
Amcor PLC Ordinary Shares (AMCR) [+]	Corning Inc (GLW) [C]
Alerian MLP ETF (AMLP) [+]	Exxon-Mobil (XOM) [-]
Chevron (CVX) [+]	
Meta Platforms Inc (META) [+]	
Merck (MRK) [+]	
ONEOK Inc (OKE) [+]	
VICI Properties Inc (VICI) [+]	
Verizon (VZ) [+]	
Vanguard Small Cap Blend (VB)	Vanguard Total Stock Market ETF (VTI) [C]
Vanguard Mid Cap Blend (VO)	
Vanguard Materials (VAW)	
Vanguard Total International (VXUS)	
Vanguard Industrials (VIS)	
iShares Silver Trust (SLV) ETF	
Schwab US Dividend Equity (SCHD)	
Fidelity Asia Fund (FSEAX)	1,000 bu. corn
Vanguard Intl Equity (Emerging Mkt?) Index (VWO)	400 bu. soybeans
Akre Focus ETF (AKRE)	
Adobe Inc (ADBE)	
Chubb Ltd (CB) [+]	Thinking About
Netflix (NFLX) [N]	None

Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members

Buy, Sell, & Thinking About for WE 01/16/2026	2/2	OLLI-GMU Investment Forum, 01/21/2026
<i>Cash Management, Ladders and Other Income Related Moves</i>		
Buy		Sell
<i>Cash Management</i>		
Goldman Sachs Income (GPIQ)		Goldman Sachs Income (GPIQ)
Schwab Prime Advantage Money Market (SWVXX)		4.1% CDs [2] [Maturing]
Morgan Stanley /2/23/26/ 4.65%/ 3.878% [FA]		
Merrick Bank /3/18/26/ 4.25%/ 3.902% [FA]		
Bank of America /3/20/26/ 4.15% / 3.902% [FA]		
Sunflower Bank /1/29/26/ 3.90%/ 4.027% [FA]		
<i>Ladders</i>		
3-year U.S. Treasury Note YTM 3.6%		
BC- Brunswick Corporation, 18 March 2029, 4.6786% YTM		
EQT- EQT Corporation, 1 April 2029, 5.2269% YTM		
HPQ- HP Inc., 15 April 2029, 4.3205% YTM		
TFC- Truist Financial Corporation- 19 March 2029 Maturity, 4.1903% YTM		
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members		

Buy, Sell, & Thinking About for WE 01/09/2026	1/2	OLLI-GMU Investment Forum, 01/14/2026
Buy		Sell
PGIM AAA CLO ETF (PAAA) [N]		Janus Henderson AAA CLO ETF (JAAA) [-]
Sprott Junior Copper Miners ETF (COPJ) [N]		International Tower Hill Mines Ltd (THM) [C]
CVR Energy Inc (CVI) [+]		Evercore Inc Class A (EVR)[-]
Yelp (YELP) [+]		Rocket Companies Inc Ordinary Shares (RKT) [-]
Google (GOOGL)		Bristol Meyers Squib (BMY)
Vanguard S&P 500 (VOO) [+]		SPDR Gold Shares (GLD) [C]
Goldman Sachs Nasdaq-100 ETF (GPIQ) [++][2]		Alexandria Real Estate Equities (ARE) [C]
Invesco S&P 500® Momentum ETF (SPMO) [+]		
JP Morgan Income ETF (JPIE) [+]		
		Thinking About
		IShares Latin America 40 ETF (ILF)
		Vanguard Primecap (VPMCX)
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members		

Buy, Sell, & Thinking About for WE 01/09/2026	2/2	OLLI-GMU Investment Forum, 01/14/2026
Buy		Sell
Vanguard International ETF (VXUS) [2] - [+] [N]		JPMorgan Nasdaq Equity Premium Income (JEPQ) [C]
Vanguard Industrials (VIS) [N]		Berkshire Hathaway Inc Class B (BRK.B) [-]
Chevron Corp (CVX) [N]		
Merck (MRK) [N]		
Procter & Gamble Co (PG) [N]		
Verizon (VZ) [N]		
NVIDIA (NVDA) [+]		
Amazon (AMZN) [+]		
Applied Materials, Inc. (AMAT) [+]		Everest Group LTD (EG)[-]
Caterpillar Inc (CAT) [+]		Swiss Re AG (SSREY) [C]
Synchrony Financial Bond, 19 Mar 2029 Maturity, 4.6124% YTM		
PG&E Corporation Bond, 15 Jan 2029 Maturity, 4.5765% YTM		
Crown Castle Inc. Bond, 15 Feb 2029 Maturity, 4.3841% YTM		
Western Midstream Partners LP Bond, 15 Jan 2029 Maturity, 4.5059% YTM		
		Thinking About
		Rockwell Automation Inc
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members		

Buy, Sell, & Thinking About	from 12/8 to 12/31/2025	OLLI- GMU Investment Forum, 1/7/2026
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Buy	Sell
Vanguard FTSE Europe ETF (VGK) [+]	Vanguard Total International Stock (VTI) [-]
Vanguard FTSE All-World Ex-U.S. (VEU) (N)	Invesco S&P Momentum Fund (SPMO) [-]
Invesco S&P 500® Momentum ETF [SPMO] [+]	Vanguard Total World Stock ETF (VT) [C]
Ares Capital BDC [ARCC] [+]	Vanguard Growth Index ETF [VUG] [-]
Blue Owl BDC [OBDC] [+]	Vanguard High Dividend Yield Index ETF [VYM] [C]
Capital Southwest Corp BDC [CSWC] [+]	iShares Morningstar Value ETF [ILCV] [-]
Trinity Capital Inc BDC [TRIN] [+]	iShares Silver Trust [-]
Goldman Sachs Nasdaq-100 Inc. ETF [GPIQ] [+]	Vanguard Europe ETF (VGK) [-]
Schwab US Dividend Equity ETF (SCHD) [+]	Vanguard US Total Stock (VTI) ETF [-]
Vanguard International ETF (VXUS) [+]	QTUM ETF [C]
Vanguard Small Cap blend ETF (VB) [+]	
Vanguard Financial Sector ETF (VFH) [N]	
CVS (CVS) [N]	Thinking About
Vanguard Value (VTV) [+]	Vanguard S&P 500 ETF (VOO) [+]
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members	

Buy, Sell, & Thinking About		(Week Ending 12/5/25)	1/2	OLLI-GMU Investment Forum	12/10/25
Buy				Buy	
iShares Core MSCI Total International Stock ETF (IXUS) [+]				VanEck Preferred Securities ex Financials ETF (PFXF) [N]	
AstraZeneca (AZN) [N]				Fortinet Inc. (FTNT) [C]	
Blue Owl BDC (OBDC) [N]				Adobe Inc. (ADBE) [-]	
Blue Owl BDC (OBDC) [+]				Royal Bank of Canada (RY) [+]	
Gaming and Leisure Properties (GLPI) [+]				Uber Technologies Inc. (UBER) [+]	
VICI Properties (VICI)[+]				APA Corporation, 15 Oct 2028 maturity date, 4.3505% YTM	
Ares Capital (ARCC)[+]				Unum Group, 15 Dec 2028, 4.2426% YTM	
Morgan Stanley Emerging Markets Domestic Debt CEF (EDD) [+]				KRC- Kilroy Realty Corporation, 15 Dec 2028, 4.4558% YTM	
Amazon (AMZN) [+]					
JP Morgan Equity Premium Income ETF (JEPI)					
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members					

Buy, Sell, & Thinking About (Week Ending 12/5/25) 2/2 OLLI-GMU Investment Forum, 12/10/25

Sell	Thinking about
Fidelity Advisor International Capital Appreciation Fd (FICQX)	Lenovo
Verizon (V) [C]	iShares Top 20 U.S. Stocks ETF (TOPT)
	Vanguard FTSE Developed Markets Index Fund ETF Shares (VEA)
	Vanguard FTSE Developed Markets Index Fund ETF Shares (VWO)
	Chevron Corp (CVX) [-]
	Linde PLC (LIN) [-]
	Merck & Co Inc (MRK) [-]
	Texas Instruments Inc (TXN)[C]
	Procter & Gamble Co (PG)[-]
	Union Pacific Corp (UNP)[-]
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members	

Buy, Sell, & Thinking About (Week Ending 11/28/25)		OLLI-GMU Investment Forum 12/3/25	
Buy		Sell	
Goldman Sachs Nasdaq-100 Premium Inc ETF (GPIQ) [+]		Amgen (AMGN) [C]	
Meta Platforms Inc (META) [+]		Devon Energy Corp (DVN) [C]	
Blue Owl BDC (OBDC) [+]			
IShares MSCI Poland ETF (EPOL) [+]			
Resmed (RMD)			
BitWise 10 Crypto (BiTW)			
NIVIDIA (NDVA) - GTC limit order @ 175 on 11/12			
		Thinking about	
		CVS (CVS)	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About (Week Ending 11/21/25)		OLLI-GMU Investment Forum	11/26/25
Buy		Sell	
Procter & Gamble Company (PG) [N][FA]		UnitedHealth Group Inc. (UNH) [C][FA]	
Blue Owl Capital Corp Ordinary Shares (OBDC)		Fidelity Bitcoin ETF (FBTC)	
		First Trust US Equity Opportunities ETF (FPX) [-]	
		iShares Semiconductor ETF (SOXX) [-]	
		ProShares Pet Care ETF (PAWZ) [-]	
		Amazon (AMZN) [C]	
Blackstone Private Credit Fund bond 5.05% 9/10/2030, BBB, make whole, @97.2		IShares MSCI Germany ETF (EWG)	
		Thinking about	
		Bristol Myers (BMY)	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members			

Buy, Sell, & Thinking About (Week Ending 11/14/25)		OLLI-GMU Investment Forum 11/19/25
Buy		Sell
Nvidia (NVDA) [+]		Chevron Corp (CVX)
Broadcom (AVGO) [+]		Oracle (ORCL)
Realty Income (O) [+] [4]		USA Rare Earth (USAR)
Vanguard S&P 500 ETF (VOO)		COINBASE Global (COIN)
Micron Technology (MU) [+]		Banco Santander Bond, 3.244%, due 10/5/2026
MP Materials (MP)		
Amphenol Corp (APH)		
Western Digital Corp (WDC)		
		Thinking about
		IShares Silver Trust (SLV) ETF
		CVS Health Corp (CVS)
		JPIE, FLXR, BINC, CGMS [FA]
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members		

Buy, Sell, & Thinking About (Week Ending 11/7/25) OLLI-GMU Investment Forum 11/12/25

Buy,

Serve Robotics Inc (SERV)

Amazon (AMZN) [+]

Verizon (VZ) [+]

NVIDIA (NVDA) [+]

JP Morgan Income ETF (JPIE) [+][2]

Sell

Merck (MRK)

IShares MCSI India ETF (INDA)

Main Street Capital [MAIN]

Hercules Capital [HTGC]

Kimberly Clark (KMB)

Fidelity Tax-Free Bond Fund (FTABX)

Thinking about

None this week

Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members

Buy, Sell, & Thinking About		(Week Ending 10/31/25)	OLLI-GMU Investment Forum	11/5/25
Buy			Buy	
Vaneck Vietnam ETF (VNM)			Kimberly Clark Corporation (KMB) [+]	
iShares MSCI South Korea ETF (EWY) [+]			Phillips 66 (PSX) [+]	
Meta Platforms Inc (META) [+]			Mondelez International Inc. (MDLX) [+]	
Waste Management, Inc. (WM)			Sun Life Financial Inc (SLF) [+]	
Vanguard Value ETF (VTV) [+]			Synovus Financial Corp (SNV) [+]	
VanEck Rare Earth & Strat Mtls ETF (REMX)			Wells Fargo & Company (WFC) [+]	
Lynas Rare Earths Ltd (LYSCF)			ONEOK Inc., 9/30/2028 maturity date, 4.4610% YTM	
NVIDIA (NVDA) [+]			UST 8/31/2028 maturity date, 3.7239% YTM	
Defiance Quantum ETF (QTUM) [+]			MAIN 8/15/2028 maturity date, 5.2897% YTM	
Vanguard Health Care ETF (VHT) [+]			Shopify (SHOP) [+]	
			Intuitive Surgical (ISRG) [+]	
			Alphabet (GOOGL) [+]	
			Palantir (PLTR) [+]	
Sell			Thinking about	
Elevance Health (ELV)			Vanguard Value ETF (VTV)	
Merck (MRK) [2]			Vanguard Small Cap ETF (VB)	
Synovus Financial Corp (SNV)			Perpetua Resources Corporation (PPTA)	
			CMR Surgical (CMR)	
Legend: [+] Add [-] Trim [C] Close [N] New [FA] Financial Advisor [#] number of members				